

THE IRISH JEWISH TRAVEL GUIDE

November 2022

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First, a little about us...

Welcome to Ireland – or as they say here, *Fáilte go hÉireann!*

Jews have had a presence in Ireland for close to 1000 years, with the earliest mentions occurring in the Annals of Innisfallen of 1079. Small communities would pop up, develop and expire throughout the middle ages, mainly in and around Dublin, but also in other port cities, such as Cork and Limerick. It was not until the 18th and 19th centuries that a stronger Jewish presence was able to establish itself, and in 1892, Dublin Hebrew Congregation was founded on Adelaide Road. In the 20th century, the Jewish community rose to 5,000, with over a half-dozen synagogues at its peak in the early 1950s. However, due to economic migration, the community declined to about 1800 by the early 1990s. Since then, it has slowly and steadily grown to about 2500, and held there. However, the composition of the community is changing, with 30% having arrived within the last 10 years alone. Most Jews tend to settle in and around Dublin. There are about 1000 Jews scattered throughout the other 25 counties. However, with a few exceptions, they have not organised into communities and chose for the most part not to affiliate.

The Jewish community in Dublin, in its manner and organization, is very similar to what you might find elsewhere around the British Isles, and the largest Orthodox synagogue, Dublin Hebrew Congregation, now located in Terenure, affiliates informally with the British United Synagogue. Sadly, during COVID, two other congregations, mainly Orthodox in nature, closed.

There is also a Progressive congregation, Dublin Jewish Progressive Congregation in Rathgar, that holds egalitarian, mixed-seating services. However they have yet to consistently resume services in the current health emergency..

Safety Messages

COVID 19 Advisory

As the world emerges from the global pandemic, life as normal has mostly returned to Ireland. However, as the events of recent memory have taught us, policies can and do turn on a coin. At the time of this writing, the only advice is prior to travel, check:

https://www.citizensinformation.ie/en/covid19/living_with_covid19_plan.html

Is Ireland safe to travel?

In recent years, one of the most frequently asked questions of our office is of secure travel in Ireland.

As for terrorism, the Republic of Ireland has been blessedly spared that turmoil so far, as it is not a target for mass migration, nor of extremist anti-Semitic nationalism.

It is quite safe to travel in kippah and tzitzit, day or night. On very rare occasions, wearers are subjected to “yobbish” behaviour from youths, who are out to loudly make fun of anyone and anything that looks different. The bigger danger, if you want to call it that, is being asked questions by curious locals, some of whom may have never met a Jew before.

Nonetheless, there is a strain of anti-Zionist sentiment present in the population. Israeli visitors who honestly answer the seemingly innocent question of “Where are you from originally” can occasionally be subjected to an uncomfortable diatribe from clerks, taxi drivers, or waitstaff who are fed slanted stories in the media. However, most situations can be defused with expressions of desire for peace.

In addition, Dublin itself is a major metropolis, and like any city, care should be taken after nightfall in the city centre. Gun crime is still exceedingly rare here, especially compared to the United States – but it shouldn’t be an occasion for laxity. When you’re walking back to your hotel, play it smart and stick to well-lighted, populated streets whenever possible. That said, remember this is a peaceful society on the whole: in 2019, Ireland’s homicide rate was 0.9 per 100,000 (compared to Israel’s 2.0 or the United States’ 5.3).

If you are in need of emergency services, dial **999 or 112** – both will get you through to the Garda (Police) or other first-response services.

The Dublin Airport Survival Kit

Perhaps you have a layover of a couple of hours. Or, you were misrouted. Either way, you've found yourself at Dublin Airport and you need to figure out food, davening and more.



FOOD There is plenty of nosh with the KLBD or Manchester hechsher. (Pictured left) But there's even more available by checking isitkosher.uk Enjoy a cup of coffee, so long as it's brewed in a standalone unit with its own attached water supply. Local milk (chalav stam) or soya milk (Alpro, Provamel and Sojade are all fine). At Wrights of Howth in the Loop, you can purchase some plain cold smoked salmon and Ryvita crackers for a quick bite. Cold fresh fruit salads are also available for purchase. Fruit juice, so long as it does not contain grape juice, additives or colorants, is also fine for consumption. Outside of the secure area, there's a small Spar convenience store next to Arrivals in Terminal 2 which carries a number of kosher products including Great Foods falafel and other vegan bites (pareve, KLBD), as well as cups with Kelloggs Corn Flakes (pareve, Manchester Beth Din)



DAVENING Dublin Hebrew Congregation has the only weekday minyan in Ireland. The synagogue is about 35 minutes by car/taxi from the airport. However, times of travel vary upon traffic conditions and the trip may be more like an hour. Taxi fare is approximately €45-€60 depending on time of day and route taken. The #16 bus goes directly to the synagogue, and takes about 70-80 minutes. Please email ahead (dublinhebrew@gmail.com) to check on times of services and whether the synagogue is open. If you find there isn't enough time, **Dublin Airport is quite safe and other men and boys have put on tefillin publicly without incident.**

WHAT TO DO WITH YOUR LUGGAGE? We recommend using a Left Luggage service to safely store your luggage if you decide to explore Dublin on an extended layover. There is a Left Luggage service in Terminal 1, where SIM cards are also sold. (Excess Baggage Company; www.leftluggage.ie)

LOCAL PHONE NUMBERS

Israeli Embassy in Ireland +353 1 230 9400
American Embassy in Ireland +353 1 668 8777
Dublin Hebrew Congregation +353 1 539 0008

Synagogues and other Community Organisations

DUBLIN HEBREW CONGREGATION

As mentioned above, the chief Orthodox congregation in town is Dublin Hebrew Congregation 32 Rathfarnham Rd, Terenure, Dublin 6 (Dublin Bus routes: 16, 17; other nearby stops include: 49, 15, 15a, 15b, 65, 65b) DHC has services 7 days a week.

During the winter months, weekday Mincha services are suspended as nightfall occurs so early in the working day, and Maariv is called at a fixed time. In the spring and autumn, times of worship vary. Check times of worship with the DHC office at

Top Tips for DHC “Terenure Shul” visitors:

- **DON'T JUST SHOW UP.** Please contact dublinhebrew@gmail.com two days before your visit, to get on the guest list and also to make appropriate hospitality arrangements.
- If you do show up outside of normal worship times expecting a tour, the fee is €50, paid in advance. Email dublinhebrew@gmail.com for details.
- Please switch mobile phones off entirely during worship. **Please no photography on Shabbat (the Holy Sabbath) and festivals**
- No large bags or luggage are permitted. Thank you with cooperating with our security team.
- Dress is smart casual. Men are requested to cover their heads, and modest, respectful attire is requested of both men & women
- The Saturday morning service can last for over two hours sometimes. Books are available for little ones. It might be advisable to remove fidgety or noisy children in advance of the Rabbi's remarks (usually delivered after the Torah scrolls have been returned to the Ark)

Discover more about DHC at

www.dublinhebrew.org

dublinhebrew@gmail.com. In the summer, service times for mincha/Maariv are at fixed times, Friday included.

ADVISORY: During the summer months, DHC takes in Shabbat at a fixed time (around 8pm), as the actual Candlelighting times can be much, much later. If you are being hosted for dinner after services, figure on eating about 9pm. In the winter, Shabbat on Friday can begin prior to 4pm.

Friday night services attract mostly men; Saturday morning services see a more evenly balanced attendance. If you are planning to attend any services, please email dublinhebrew@gmail.com. Further notes on Shabbat begin on page 8. **For Shabbat meals email chabadireland@gmail.com**

Want to just see inside? Dublin Hebrew Congregation does not always have staff onsite, so don't expect to just pop in for a visit. Instead, visitors to Dublin are encouraged to attend the morning and evening worship services.

If you absolutely *must* see the interior of DHC and cannot make service times, we do have a requested unlocking donation of **€50**, payable online at:

<https://www.dublinhebrew.org/donate>. We do ask that the fee be paid in advance. Cash on the day not accepted.

If you would like to see the interior of a classic Irish synagogue, we recommend a visit with the Irish Jewish Museum (see listing below). The Walworth Road sanctuary has been carefully preserved, and staff are on hand to answer your questions about Irish Jewish life, practice and custom.

Is this your first time in an Orthodox Synagogue? If this is your first Shabbat service in an Orthodox synagogue, welcome! Men and women do sit separately. Please keep your smartphones and other electrical devices turned off for the duration of your entire visit. Please do not bring large pieces of luggage with you. And, be sure to introduce yourself to the locals at the kiddush after services!

CHABAD OF IRELAND

Rabbi Zalman and Rifky Lent have been a presence in Irish Jewish life since 2000, when they were hired by the Dublin Hebrew Congregation, first as a youth rabbinical couple and then later communal rabbi & rebbetzin when the posts became vacant in 2008.

Post-pandemic, the Lents, with the DHC leadership's blessing, have taken steps to further develop Chabad of Ireland independent of DHC. A Chabad centre in Rathmines is forthcoming by early 2023, along with a full slate of activities and events, along with Shabbat hospitality -- but all worship will still be held at DHC.

If you are looking for a Friday night dinner, with an opportunity to meet visitors and locals alike, Chabad of Ireland is ready to welcome you. Email them at chabadireland@gmail.com.

To stay abreast of developments regarding Chabad of Ireland, email chabadireland@gmail.com and ask to be added to their distribution list. You can also follow them on the web at chabad.ie.

DUBLIN JEWISH PROGRESSIVE CONGREGATION

COVID-19 warning: Due to concerns about COVID 19, services at DJPC are not always open to visitors. For visitors who wish to attend a Reform service, but find themselves unable to join in, it's recommended to visit <https://www.wls.org.uk/broadcast>.

To reach out to DJPC, email dublinjpc@gmail.com

Dublin Attractions

NOTE: Some of these sites are not accessible all the time

The Irish Jewish Museum, Dublin 8.

3 Walworth Road (near Victoria, Lennox & Harrington Streets), South Circular Road, Portobello, Dublin 8.

Web: www.jewishmuseum.ie

OPENING HOURS: **Check website jewishmuseum.ie**

CONSULT WEBSITE jewishmuseum.ie

The Irish Jewish Museum is located in the once highly Jewish populated area of Portobello, around the South Circular Road, Dublin 8.

The former Walworth Road Synagogue, which could accommodate approximately 150 men and women, consisted of two adjoining terraced houses. Due to the movement of the Jewish people from the area to the suburbs of Dublin and with the overall decline in their numbers, the Synagogue fell into disuse and ceased to function in the early 70's. The premises remained locked for almost fifteen years, and was brought back to life again with the establishment of the Irish Jewish Museum Committee in late 1984.

The Museum was opened by the Irish born former President of Israel Dr. Chaim Herzog on the 20th June 1985 during his State visit to Ireland. It is managed by a Committee of dedicated people, varying in numbers from 20 to 30, who voluntarily give of their time. The Museum preserves an important, though small, part of Ireland's cultural and historic heritage. It's strongly advised you contact in advance to check opening hours – info@jewishmuseum.ie or +353 1 453 1797.

Whilst in the area, you might also stop and see:

Bretzel Bakery, 1a Lennox Street , Portobello, Dublin 8

Phone: (01) 4752724

Opening hours: Mon 8:30 - 15:00; Tue-Fri 8:30 - 18:00; Sat 9:00 - 17:00; Sun 9:00 - 1:00

Dublin's oldest Jewish bakery – Not everything is kosher and treyf products are sold in the cafe - **see notes in Kashrut section, listing below.**

Dublin Tour Guides

Peter White Tours gives you Jewish Dublin through the eyes of a native Jewish Dubliner. Whole and half-day tours. Walking tours and multiday tours are also available, Fees upon request. Contact +353 87 268 1509 or email peterwhitetours@gmail.com

Bloomfield House *not open to public*

Bloomfield Ave, Dublin 8.

(Formerly the Jewish Day School)

Rabbi Herzog's Home *not open to public*

33 Bloomfield Ave, Dublin 8.

Former home of Rabbi Dr. Isaac Herzog, first Chief Rabbi of Ireland, father of former Israeli President. Chaim Herzog, and grandfather of current Israel President Yitzchak Harzog. Plaque on wall.

Birthplace of Leopold Bloom *not open to public*

52 Upper Clanbrassil Street, Dublin 8.

Leopold Bloom was James Joyce's famous fictional character in Ulysses. Other sites mentioned in Ulysses are Emorville Square, Lombard Street West and St. Kevin's Parade, all located near the Irish Jewish Museum.

The Weingreen Biblical Antiquities Museum

Arts Building, Trinity College, Dublin 2.

The Weingreen Museum of Biblical Antiquities is located in the Arts and Social Sciences Building, Trinity College Dublin. It received its present title in 1977 in recognition of Professor Weingreen's contribution to the creation of the museum. Professor Weingreen was Erasmus Smith's Professor of Hebrew at Trinity College Dublin between 1939 and 1979. Open by appointment (email rodgersz@tcd.ie)

CEMETERIES

Ballybough Cemetery

67 Fairview Strand, Fairview, Dublin 3, D03 RT18

Now a Dublin City Landmark, the 250+ year-old Ballybough Cemetery is only about one-seventh of an acre in size. Located on Fairview Strand near Ballybough Bridge, in Ballybough, Dublin 3. Turned over to Dublin City Council in 2017, access is by arrangement only. Please note that the site currently is accessible by able-bodied people only. Email fergus.ocarroll@dublincity.ie to arrange for a viewing.

Dolphins Barn Cemetery

Aughavannagh Road, Drimnagh, Dublin D12 K603

Still a working cemetery, access to the cemetery is obtained from Dublin Holy Jewish Burial Society. Significant gravesites include Robert Briscoe (Lord Mayor of Dublin), notable cricketeer Louis Jacobson. Contact

dublinhbs01@gmail.com prior to showing up, to arrange for an unlocking or to find out open hours for the month.

Woodtown Cemetery

Gunny Hill, Killakee Road (R113), Woodtown, Co Dublin D16 A2W5

The main cemetery for the Dublin Progressive Jewish Community. To arrange for viewings, email djpcrandp@gmail.com

Nearby Dublin

Clonyn Castle, Delvin, Co. Westmeath not open to public

Over 100 orphaned children from concentration camps had a temporary home here until 1948.

Irish sightseeing - Editor's picks

Here are some notes on Ireland, from someone who lives there:

* Take the ferry from Howth to Ireland's Eye (on a sunny day). You can see nesting puffins and if you're lucky the peak of Mount Snowdon. For a light lunchy snack, get Ryvita crackers (pas yisroel) from the Spar at the Howth train station and a packet of cold smoked salmon from Wright's of Howth.

* Favourite museums (that are not the Irish Jewish Museum)) : The Archaeological Museum on Kildare St, the Irish Military Museum by Phoenix Park, the Dublin Castle Tour and the Kilmainham Gaol Tour

* Favourite hidden gems of Dublin: Ask to see the Jewish books at Marsh's Library in Dublin 8 -- stunning collection which includes centuries-old Hebrew books from the very earliest days of the printing press. Walking the labyrinth at Iveagh Gardens. Exploring the 300 year old Jewish cemetery in Ballybough.

* Favourite attractions outside of Dublin: the Raptor Show at Ailwee Cave near Galway, the VIP tour at Fota Park in Cork (feed a giraffe, pet a rhino), watching sheepdog demonstrations in Kerry

* Most Irish thing you can do with the kids: TAYTO PARK!

Discovering your Irish Jewish roots

Many people are ethnically both Irish-Celtic and Jewish. If you are (entirely or partially) of Irish-Celtic extraction, there are many guidance websites, associations and experts to help you on your way. But what about that small handful that are descended from Jewish people who have lived in Ireland?

Your first stop should always be the **Irish Jewish Genealogical Society** at irishjewishroots.com. President and genealogy expert Stuart Rosenblatt can help trace your Irish Jewish ancestors. He can help identify where your ancestors lived, and if buried here, where they repose.

If you are looking to visit gravesites, the Jewish cemeteries are:

Ballybough Cemetery

67 Fairview Strand, Fairview, Dublin 3, D03 RT18

Now a Dublin City Landmark, the 250+ year-old Ballybough Cemetery is only about one-seventh of an acre in size. Located on Fairview Strand near Ballybough Bridge, in Ballybough, Dublin 3. Turned over to Dublin City Council in 2017, access is by arrangement only. Please note that the site currently is accessible by able-bodied people only. Email fergus.ocarroll@dublincity.ie to arrange for a viewing.

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Woodtown Cemetery

Gunny Hill, Killakee Road (R113), Woodtown, Co Dublin D16 A2W5

The main cemetery for the Dublin Progressive Jewish Community. To arrange for viewings, email djpcrandp@gmail.com

Kilmarray

Newcastle, Dublin Road, Limerick

The historic tiny Jewish cemetery at Kilmarray was restored as part of a publicly funded civic project. It is now preserved in excellent condition although it contains only six standing headstones and

other unmarked burials, as well as a prayer house. All enquiries to the Limerick Civic Trust, +353 61 313 399.

Cork Cemetery

Curraghkippane Cemetery, Rosanna Road, Kerry Pike, Co. Cork
The Cork Cemetery contains the graves of Jewish passengers from both the Lusitania, torpedoed 7th May 1916, and from planes downed over the Atlantic.

Special Souvenirs

It's easy enough to find Guinness pint glasses or penny whistles. Here are some ideas for those looking for souvenirs with a *Yiddishe* touch.

Irish Jewish Museum, 3 Walworth Road, Portobello, Dublin 8

The museum has a small gift store, with emblazoned *kippot* (green, of course) and other signature Judaica items, including a stunning silver harp menorah. No matter what your budget, there's something for everyone. See Museum entry for hours of opening.

Hill Picket Studio, Avoca, Co. Wicklow

Challah board and other Shabbat serveware (see entry below)

Forgot to buy your family something? No worries!

If you are at Dublin Airport and you are looking for some last-minute special gifts, check out the Loop duty-free shopping arcade. The WH Smith shop carries Bendicks Bittermints (Pareve, KLBD), which is a perfect end to a Shabbat dinner (Terminal 1 only). For a dairy treat, pick up Cadbury Heroes, available in both terminals. Wrights of Howth carries plain cold smoked salmon and Ryvita crackers (Pareve/Pas Yisroel, KLBD). Paired with a lovely Irish whiskey from Duty-Free, you can't go wrong. For younger family members, pick up a copy of the *Beano* – a madcap comic book beloved by generations of children on this side of the Atlantic.

Shabbat in Dublin

The observant traveller should be aware that **there is no eruv in Dublin**, although one is hopefully in the works! Before you leave, invest in a few good "key belts" from your local Judaica stores.

Please bear in mind that Friday night Shabbat services at DHC, **during summer months, are routinely held at a fixed time**, as actual Candlelighting times can get quite late. Conversely **in the winter, Shabbat is brought in very early** (before 4pm, some weeks), as days are short in this latitude. Please check chabad.org or with the Communal Office if you are planning to join with a host family for Friday night dinner. It might be a lot earlier (or later) than what you are used to, back home.

Food for Shabbat (including wine, grape juice & candles) can be obtained from kosher.ie An Siopa Kosher. Alternatively, email chabadireland@gmail.com to see if Chabad of Ireland are able to host you for meals over Shabbat.

Shabbat ends when?!?

Shabbat in Ireland, particularly in the summer, can be quite delightful. First of all, a number of the museums near St Stephen's Green are free to the public, and the walk from Terenure pleasantly takes one past the Canal, through part of the old Jewish neighbourhood, and through beautiful St Stephen's Green itself.

Shabbat afternoons in Dublin are quite long and Shabbat does not end until after 11pm some weeks. With careful planning, you can have a wonderful time exploring this unique city. Many museums are free and open until 5 or 5.30pm. St Stephen's Green is about a 80-100 minute walk from Dublin Hebrew Congregation, over flat terrain (a little less than 5km or 3 miles). Restrooms and water fountains are available at the Rathmines Library, located on Lower Rathmines Road.

FREE ATTRACTIONS OPEN ON SATURDAY

CITY CENTRE

National Museum of Ireland – Archaeology

Kildare St, at St Stephen's Green

<https://www.museum.ie/en-IE/Museums/Archaeology>

Extensive archaeological displays from Ireland and elsewhere around the world.

Notes:

Upper floors close at 4.45 pm, and visitors are hustled out of the downstairs by 4.55pm

Closes 5pm

National Library of Ireland

Kildare St, at St Stephen's Green

Often has exhibitions on. Check here: <http://www.nli.ie/en/udlist/current-exhibitions.aspx>

Closes 4.45pm

National Museum of Ireland – Natural History

Merrion St at St Stephen's Green

Displays of stuffed animals from around Europe. <http://www.museum.ie/Natural-History>

National Gallery

Southeastern corner of Trinity College. Merrion Square West, corner Clare St.

Art museum, with a large holding of European masterpieces <http://www.nationalgallery.ie/>

Closes 5.30pm

Chester Beatty Library

On the grounds of Dublin Castle, off Dame St.

Archive collection of rare books and manuscripts from around the world. <http://www.cbl.ie/>

Closes 5pm

Science Gallery

Pearse St, corner Westland Row

<https://dublin.sciencegallery.com/>

A gallery on the grounds of Trinity College, with interesting exhibits about science. For families with small children, please bear in mind that there might be "mukseh" exhibits on display that are very inviting to the young and curious!

RATHFARNHAM/CITY SOUTH

Pearse Museum

On the grounds of St Enda Park, off Grange Road, Rathfarnham
Home of Irish Republican Patrick Pearse. <http://pearsemuseum.ie/>
Closes 5pm March - October

Mikvah in Ireland

There is a community mikvah on the grounds of Dublin Hebrew Congregation, which also serves purposes for tevilat keilim. It is recommended that if you prepare at the mikvah (dependent on public health conditions), that you bring your favorite beauty tools along with you. Tevilah is free for local synagogue members in good standing, €8 for residents and €10 for visitors. Bedikah cloths may be purchased for an additional €2 per pack. In any event, call the mikvah director at 087 798 7627 for more details and to arrange an appointment (as there are no "open hours", please call the day before your immersion to schedule a time).

HOTEL LISTINGS IN DUBLIN

The Community Office does **not** offer Shabbat rooming placement. Instead, we have many nearby B&Bs. July and August are the high season of travel in Ireland – if you are planning your holiday during Summer months, make reservations **at least 8 weeks in advance**.

If you are still running into problems finding accommodations, you can always try Airbnb (www.airbnb.com), which lists private homes for overnight rental. If you open a new account on Airbnb, you can qualify for a €30 credit when using this link: www.airbnb.ie/c/rlent. Booking.com also is quite good at locating lodgings.

*The following list is provided as a convenience **only**, and does **not** imply that these have been reviewed by our office. If you have specific Shabbat needs, such as a manual keylock or that no motion-sensitive lighting is engaged, please inquire with the management of your lodgings before you arrive. Before making any arrangements, with any lodgings, we recommend checking the reviews on websites such as tripadvisor.ie to ensure the lodgings meet your personal expectations.*

Some travellers have reported difficulties in securing lodgings in Dublin. If being close to the synagogue is important to you, especially on Shabbat:

- **Book well in advance of your stay.** There are multiple pressures on hotel vacancies, including increased travel post-pandemic, the Ukrainian refugee crisis, and the student housing crisis. You can beat that by not leaving arrangements to the last minute
- **Don't take websites like Booking.com or Hotels.com at their word.** Ring the hotel itself to find out the current vacancy status.
- **Consider a "break up"** - if you are travelling as a group of three or more adults, consider breaking into smaller units of one or two, in order to find accommodations over Shabbat.
- If you are Sabbath-observing (*shomer shabbat*), **consider a mid-week stay in Dublin**, rather than a weekend stay. With Manchester and London less than an hour away by jet, you'll be afforded greater flexibility in terms of locations & lodgings.

--September 2022

No. 9 Rathgar (The Key Collections)

9 Zion Road Rathgar Dublin 6 +353 1 687 5270

www.thekeycollections.com/no-9-rathgar-dublin.html

Use code DHC for a discount.

Shabbat-friendly rooms upon request.. Also a Shabbat key to the side door is available from the front desk. Be sure to ask when checking in.

15 minute walk to shul



D-6 Studios

NOW CLOSED – still appears in some lists

Zion Hall

NOW CLOSED – still appears in some lists

St Aidens Guest House

32 Brighton Road, Terenure Dublin 6. Phone: +353 1 4906178

Email: staidens@eircom.net

10-15 minute walk to shul. (mention Jewish community and they give a discount.)

Roslin Lodge

NOW CLOSED – Roslin Lodge still appears in some lists – if you make a reservation with the number listed you will wind up in a hotel many kilometres away.

Marilyn Mansion

37 Garville Rd, Terenure, Dublin 6. Phone +353 87 3505333

Website: www.marilynmansion.com

15 minute walk to shul.

Note for highly observant guests: This B&B has many pictures of Marilyn Monroe hanging up as a tribute to her.

Rathfarnham Haven

NOW CLOSED – still appears in some lists

Ardagh House

1 Highfield Road, Rathgar, Dublin 6. Phone +353 1 497 7068

25 minute walk to shul.

Belville House

125 Rathfarnham Road, Rathfarnham, Dublin 14. Phone +353 14900141

Email :belvillehouse@hotmail.com

15 minute walk to shul.

Uppercross House

26-30 Upper Rathmines Road, Rathmines, Dublin 6. Phone +353 1 497 5486.

30 minute walk to shul.

Blackstone House B&B

105 Rathmines Rd Upper, Rathmines, Dublin, D06 V3P1.(01) 496 7232

25 minute walk to shul

Rathmines Travelodge

Lower Rathmines Road, Rathmines, Dublin 6. Phone: +353 1 491 1402

35 minute walk to shul.

Beyond Dublin

SOUTH LEINSTER (WICKLOW/WEXFORD/WATERFORD)

Hill Picket Studio, Avoca, Co. Wicklow

Chaim Factor is a Jewish woodworking artist who creates handmade kitchenware products using locally sourced wood. His signature Judaica items include challah boards and knives, which have been sold in the Jewish Museum in New York. Email info@hillpicketstudio.com for opening hours as visits may be constrained per government advice.

WESTERN IRELAND



Burren Smokehouse

in Lisdoonvarna, Co. Clare

Be sure to check out the only fully kosher-supervised fish smokehouse, offering a visitor centre and free tastings. All smoked fish is produced under the strict supervision of the KLBD. For times of opening, check out www.burrensmokehouse.com

Sneem Culture Park, Co Kerry

Includes a modern polished steel Israeli sculpture, presented by Irish born President Chaim Herzog in honour of Cearbhall Ó Dálaigh, the fifth President of Ireland.

Garden of Europe, Listowel, Co Kerry

Located in Listowel, County Kerry, the Garden of Europe opened in 1995. It contains more than 3,000 trees and shrubs and is divided into 12 sections, representing the 12 members of the European Union at the time of the project's commencement. At the lower end of the garden is Ireland's only public monument in memory of those who died in the Holocaust. It is surrounded by oaks grown from acorns collected at Auschwitz by Paddy Fitzgibbon.

Kilmurray, Newcastle, Dublin Road, Limerick

The historic tiny Jewish cemetery at Kilmurray was restored as part of a publicly funded civic project. It is now preserved in excellent condition although it contains only six standing headstones and other unmarked burials, as well as a prayer house. All enquiries to the Limerick Civic Trust, +353 61 313 399.

Travel advisory : *The town of Kinvara, Co .Galway has an official boycott of Israeli products. Since August 2014, retailers, cafés, restaurants, and shops have purged their shelves of Israeli products and kitchens of Israeli-grown produce.*

CORK (SOUTHERN IRELAND)

<http://www.jewishcork.com/>

Travel advisory : Goldberg's is a recently opened bistro in Cork which features images of Chassidim on their website. The name is a tribute to the former Cork Mayor and the past Jewish character of their neighborhood. This bistro is in **no way, shape or form kosher**.

Cork Public Museum Fitzgerald Park, Cork City

A permanent installation opened in 2017. Entitled 'The Tsar, the Rosehills and the Music Store', the exhibition traces the life of the late Fred Rosehill Z"L and his family, as representative of the many Jewish people that made the journey to Cork from Eastern Europe to start a new life. Fred Rosehill was the longtime president of the Board of Trustees of the Cork Hebrew Congregation, until his passing in November 2016. Many of the artefacts from Cork Hebrew Congregation, which closed in January 2016, have been donated to the Museum, for public display. Check website for opening hours

Cork Hebrew Congregation

The synagogue is now closed.

Shalom Park Gas Works Rd & Albert Rd, Cork City.

Opened in 1989 in the area formerly known as 'Jewstown'. Site of an annual lighting ceremony during Chanukah.

Cork Trinity Pedestrian Bridge Morrison's Quay, Cork City

Opened in 1977 by the first Jewish Lord Mayor of Cork, Alderman Gerald Goldberg. Known affectionately to locals as 'Passover Bridge'. A commemorative plaque may be seen.

Cork Cemetery Curraghkippane Cemetery, Rosanna Road, Kerry Pike, Co. Cork

The Cork Cemetery contains the graves of Jewish passengers from both the Lusitania, torpedoed 7th May 1916, and from planes downed over the Atlantic.

Cork Tour Guide

Cork Jewish Culture Walk with Ruti Lachs uncovers the Jewish story in Cork. A keen researcher, Ruti has been collecting stories and is delighted to share them with you.

Email her at rutilachs@gmail.com or phone on +353 87 660 6118.

Northern Ireland

No guide to Jewish Ireland would be complete without a discussion of the North. Some visitors are surprised to discover that the island of Ireland is actually host to two nations – the twenty-six counties in the Republic of Ireland, and six counties of the province of Ulster, which are still part of the United Kingdom. Over the border, distances are measured in miles and the shops use the British Pound – not the Euro. Leaving the charged political history aside, let's look at Belfast's Jewish community.

For a community of only 500 Jews, Belfast punches well above its weight in organisation. They maintain a congregation with a rabbi, as well as several communal organisations. The Jewish community has truly left its stamp upon Belfast, having produced a Lord Mayor (Sir Otto Jaffe), a Chief Rabbi of Israel (Rabbi Issac Herzog) – and even one of Israel's Presidents (Chaim Herzog).

Places of Jewish interest in Belfast include the Jaffe fountain at the Victoria Centre mentioned above, the birthplace of Chaim Herzog on Cliftonpark Avenue (which is marked by a blue plaque) and the older of the two Jewish cemeteries, which is a separate plot located at the City Cemetery in west Belfast and which has been renovated in recent years. A portrait of Sir Otto Jaffe in mayoral garb is on display at Belfast City Hall and the former business premises of Jaffe Brothers is today Ten Square Hotel at the back of City Hall.

What about BREXIT?:

- Brexit refers to the exit of the United Kingdom from the European Union which began on 31st January 2019.
- Currently no border checks are planned. However, as a precautionary measure, when travelling to the North, bring along full ID. If you plan to purchase items in the North for later consumption or to bring home, hang onto the receipts.
- Currently visitor visas are not required for the US, Commonwealth Countries, EU nations and Israel to visit the UK. Needless to say, in a kinetic political environment, future visitors should keep an eye on such matters
- COVID rules may vary. Always be sure to check current government advice for both the UK and Ireland in advance of a visit.

Belfast Hebrew Congregation is located at 49 Somerton Road in Belfast.

Contact the community at belfastjewishcommunity@gmail.com to find out current protocols regarding visitors

Top Tips for **Belfast Hebrew Congregation** visitors:

- Please email in advance to find out whether visitors are being admitted due to pandemic concerns
- Dress is smart casual. Men are requested to cover their heads, and modest attire is requested of both men & women.
- Please switch mobile phones off entirely during the visit.

SHABBAT IN BELFAST

Tourists to Belfast should not expect to find the same conveniences as can be found in the larger community of Dublin. **There is no facility for hosting tourists for Shabbat meals – visitors should bring their own food** and make independent arrangements with the management of their lodgings for storage, heating and serving.

Please bear in mind that during summer months, Candlelighting times can get quite late. Conversely in the winter, Shabbat is brought in very early (before 4pm, some weeks), as days are short in this latitude.

HOTEL LISTINGS IN BELFAST

If you are still running into problems finding accommodations, you can always try Airbnb (www.airbnb.com), which lists private homes for overnight rental. Booking.com also is quite good at locating lodgings.

*The following list is provided as a convenience **only**, and does **not** imply that these have been reviewed by our office. If you have specific Shabbat needs, such as a manual keylock or that no motion-sensitive lighting is engaged, please inquire with the management of your lodgings before you arrive. Before making any arrangements, with any lodgings, we recommend checking the reviews on websites such as tripadvisor.ie to ensure the lodgings meet your personal expectations.*

Glandore Villa Apartments

6 min walk to BHC
25 Glandore Avenue, Belfast BT15 3FB
+44 7468 573089

Somerton Guest House

10 min walk to BHC
22 Lansdowne Road, Belfast BT15 4DB
+44 28 9037 0717

Lansdowne Hotel

10 min walk to BHC
657-659 Antrim Road, Belfast, BT15 4EF
+44 28 9077 2999

KOSHER FOOD IN BELFAST

Much of the same advice as given earlier still applies, in regards to sourcing kosher food in the North. And, in case you were wondering, there is no kosher restaurant in Northern Ireland, either (although see the notes on Sainsbury below). **There are no kosher caterers**

to prepare meals in Belfast. Your best bet is to collect your food in Dublin, and bring it up North with you.

Sainsburys

Sprucefield Park Shopping Mall
Lisburn, Co Antrim

Located by exit 18 off the A1, this Sainsburys has a mini kosher section, with items such as ramen noodle pots, kosher wines, crackers, etc. Sabra hummous (manufactured by Osem, not the American-based Sabra Dipping Company) may be found in alongside other hummous brands in the chiller section of the store. While it doesn't bear a hechsher, the KLBD have confirmed it is kosher. Wines carried include the Kedem range and Bartenura Moscato. There is a little in-store luncheonette, where you can get a soft drink and enjoy some of your kosher finds purchased in the shop section.

Tesco Superstore

Ballygomartin Road
Belfast

This shop is located in some of the most historically turbulent sections of Belfast, and the ride back to the A55 will indeed bring you alongside the storied "Peace Walls" separating Catholic and Protestant neighbourhoods. The kosher section, if anything, is even more mini than the Sainsbury. That said, they do carry Tomor margarine in the chiller case, and at Passover time, they have been known to have UHT (shelf-stable) cholov yisroel milk.

Kashrut in the Republic of Ireland



An Siopa Kosher is an Irish owned store supplying Kosher Foods and Judaica to the Jewish Community around Ireland. Our shop is in the Samuel Taca Hall, located on the campus of Dublin Hebrew Congregation, 32a Rathfarnham Road, Dublin D6W VE89. Tel: 083 027 5129; email info@ansiopakosher.ie

Find us on the web at kosher.ie

Kashrut Advisory

When purchasing prepared foods from local caterers in the RoI, be sure to look for the KCI label. The Kashruth Commission of Ireland is the **only** certifying body for prepared fresh foods in Ireland. If you have a question about local providers purporting to sell kosher foods, please don't hesitate to confirm their status with the Jewish Community Office at dublinhebrew@gmail.com

Kashrut Advisory

Goldberg's is a recently opened bistro in Cork which features images of Chassidim on their website. The name is a tribute to the former Cork Mayor and the past Jewish character of their neighborhood. **This bistro is in no way, shape or form kosher**

Keeping kosher in Ireland is not impossible, but will require a small amount of relearning along the way. Broadly speaking, many items which carry a hechsher (packaging symbol indicating supervision) in the United States and Israel, don't need supervision in order to be fit for use in a kosher kitchen. The education process takes place in learning to distinguish what does need a hechsher versus what doesn't. In addition, both the London

Beth Din and the Kashruth Commission of Ireland maintain lists of acceptable products that, whilst not requiring direct constant supervision, nonetheless go under regular review.

Sources of Kosher lists include:

- The Really Kosher Food Guide (online at <http://www.kosher.org.uk/> or from the Office of the Chief Rabbi of the United Kingdom)
- Star-K website : www.star-k.org - good for additional kashrut information about what needs a hechsher & what doesn't.
- IsItKosher – by far the best website for identifying kosher products in the British Isles : www.isitkosher.org.uk **warning: Jacobs crackers are not kosher in Ireland. Always check them for the hechsher.**

A quick guide for when you want a kosher bite but you're away from the kitchen:

Alpro soy yogurts & puddings
Cadburys – check isitkosher.org.uk for acceptable items
Calippo ices
Coca-Cola (and associated brands)
Fresh fruits and veg, with no sauces or dressings
Fruit juices (100% fruit juice, no grape juice, no colorants, from concentrate OK, lemon juice OK)
Gosh! – Falafel, Veg Patties
Haagen Dasz (with a hechsher)
Hartleys jams (all flavours)
Heinz ketchup
Heinz salad cream
Hellman's mayonnaise (parve) and light mayonnaise (dairy)
Hovis bread (look for the KLBD hechsher)
Irish Pride or Kingsmill bread (with an SKA hechsher)
John West tuna (unflavored, packed in brine or vegetable oil)
Kallo rice cakes (plain)
Kind energy bars (with hechsher - check packaging carefully as sometimes difficult to see)
Nakd energy bars
Nature Valley granola bars (with a hechsher)
Plain unflavoured coffee (brewed in a stand-alone unit with an independent water supply & no carafes, served in a disposable cup)
Rowntree ice lollies
Ryvita crackers (*Pas Yisroel*)
Salmon - Cold smoked, unflavoured only.
Sparkling water (American: "seltzer" or "club soda" or "soda water")
Tiptree jams (with hechsher)
Walker's crisps - red bag ONLY
Walls ice cream - Check kosher list (beginning page 25) for specific items that are approved.

Life without a Kosher Restaurant

As of the writing of this edition of the travel guide (late 2022), there are no kosher restaurants in Ireland. However, it doesn't mean you have to go hungry. You can order fresh ready-made meals that are microwavable, shipped express overnight to your hotel. Please make all appropriate arrangements with the manager of your hotel for storage and heating.

Contact:

- [Kosher.ie](http://www.kosher.ie) (See advert and listing)
- [Kosher4U](http://www.kosher4u.eu) (based in Brussels) : www.kosher4u.eu - <http://www.kosher4u.eu/groceries/fresh-long-life-meals>

Mrs Melanie Stein caters for tourists under the supervision of the Office of the Chief Rabbi of Ireland. Her email is melaniestein123@gmail.com or phone +353 86 608 2774

For a fuller treatment of what to eat and what to avoid, check out the Irish Jewish Yearbook's kosher list (available online off the front page of dublinhebrew.org) and isitkosher.org.uk to help you navigate your way around the grocery when you're out sightseeing. In addition, the following stores carry a variety of kosher products:

An Siopa Kosher *On the grounds of Dublin Hebrew Congregation*

Phone: +353 83 027 5129

Opening hours: Check website kosher.ie

Buses: 15, 15a, 15b, 65, 65b, 17, 16, 49

An Siopa Kosher (pronounced "On Shoppa Kosher") is the only fully dedicated Kosher Shop on the island of Ireland.

Bretzel Bakery, 1a Lennox Street, Portobello, Dublin 8

Phone: +353 1 4752724

Opening hours: Check website bretzel.ie

Buses: 15, 15a, 15b, 65, 65b, 83, 140

No list of Dublin kosher establishments would be complete with a mention of the Bretzel Bakery, located in the historic Jewish neighbourhood of Portobello. Since 1870, Bretzel is Dublin's oldest Jewish craft bakery, and since the year 2000, its only kosher one as well (even if only partially supervised). Not all items at Bretzel are kosher. But the challah still is, as are all of the breads. For a complete list of their kosher line, check the list in the Kosher List at the end of this guide.

The Hopsack, the Swan Centre, Lower Rathmines Road, Rathmines, Dublin 6

Phone: +353 1 496 0399

Opening hours: Monday - Wednesday 8:30-8; Thurs - Fri 8:30-9; Saturday, 9 -7 : Sunday, 12 -6

Buses: 15, 15a, 15b, 65, 65b, 83, 140

Carries many hechshered and approved parve items, including Redwood soya slices and sausages, Swedish Glace parve ice cream, Clearspring organic Asian products, and some Tivoli products. They offer a discount for bulk purchases. Shelves are restocked Wednesdays; order by Monday for bulk or specialty items.

When travelling outside of Dublin, it is possible to find kosher foods at the following chain supermarkets:

- If there is a **Dunnesstore** near you, they carry the GOSH! range of kosher vegan fefafel and patties. They also carry Burren Smokeshouse smoked fish. Many items, such as cereals, are under British supervision. Check individual items using isitkosher.uk
- If there is a **Nourish** near you, they carry the [Vbites](#) range of kosher soy meat substitute and various soy cheeses. [Holland & Barrett](#) stores also have a good supply of kosher food.
- If there is a **Tesco** near you, they carry a wide range of kosher products under British supervision, as well as Irish Pride breads. Check individual items using isitkosher.uk

Alcoholic beverages

Ireland is a land renowned for its libations, its two most famous being Jameson whiskey and Guinness stout. According to the KCI, all Irish whiskeys are permitted, as are all Irish (& English) unflavoured beers, including lagers, stouts, ales, among others. Some Irish

whiskeys are aged in sherry casks – please check with the Office for a list of non-sherry whiskeys if this is a concern to you.

A pub dating from the time of the *Rambam*?

The Brazen Head Inn, located at 20 Lower Bridge St, Dublin 8, claims to have been founded in 1198, so it would have been serving up pints when the sage Maimonides was living in Egypt. Even if the historical connection doesn't move you, the nightly music jam, and Sunday afternoon concert at 3.30pm might. For more details, check out their website at www.brazenhead.com.

For highly observant visitors, please be advised that there may be Kol Isha at these concerts.

*For further details on kosher foods in Ireland
see Kashrut list below*

5783 Irish Kosher List

MANUFACTURER	KOSHER (all items pareve unless otherwise noted)	NON KOSHER
5783 SHEMITA ADVISORY		
<p>The Shemitta year commenced on the eve of the 6th September 2021 (Start of the Jewish Year 5782, and the growth year ends on the eve of Sunday 25th September 2022.</p> <p>Shemitta literally means 'sabbatical' and during this year, the Land of Israel takes an enforced "Sabbath rest", as stated "...and the land shall rest a Sabbath to the L-rd" (Leviticus 25, 1.). During this year there are restrictions on both the agriculture and trade of produce from the Land of Israel. The produce takes on an additional level of holiness which means that it may not be wasted, mistreated or traded in a usual fashion, and some vegetables become forbidden under Gezerat Sefichin (Prohibition against Consuming (certain) Vegetables).</p> <p>The policy of the Kashruth Commission of Ireland, in keeping with that of the London Beth Din, other European Batei Din (Jewish Law Courts), the OU and other American Kashrut Authorities, is that given these considerations, it is preferable to avoid using certain agricultural products that are grown in Israel during the Shemitta year and the year following. PLEASE NOTE although the Shemittah has ended there are some products for sale. Contact the Rabbi's Office for dates to avoid each fruit and vegetable. If one has already made the purchase, the Rabbi's Office should be consulted at dublinhebrew@gmail.com.</p>		
--Adapted from TheUs.org		
BAKED BEANS		
Branston		All
Heinz		All (US is permissible when bearing a hechsher)
Rakusens	Baked Beans	
Tesco	Baked Beans ONLY when bearing a KLBD hechsher	
BAKING PREPARATIONS / COOKING CHOCOLATE / YEAST		
	All Baking Powders, Bicarbonate of Soda and arrowroot are acceptable for use and are considered Pareve	
	For flour, see "Flour". All fresh yeast produced in the UK/RoI is permitted. Dried yeast requires approval due to production line issues	
Allinson	Dried Active Yeast; Easy Bake Yeast; Time Saver	
Doves Farm	Pareve: Quick Yeast Plain Chocolate Chips	
Dr Oetker	Check on isitkosher.uk	

MANUFACTURER	KOSHER (all items pareve unless otherwise noted)	NON KOSHER
	Dairy: Chocolate Chips (Dark, Milk, White)	
Hovis	Fast Action Bread Yeast	
McDougalls	Fast Action Bread Yeast	
Plamil	Pareve: Chocolate drops - Bake Stable, Dairy Free, Dark Coconut Blossom Sugar, Luxury, Organic Rich, Vegan Smooth (Cocoa & Rice, Cocoa & Soya) , White	
Wilton	When bearing a hechsher. Available at Stock on Grafton Street.	
Nielsen Massey	Vanilla extract, when bearing a hechsher (cRc). All vanilla extracts require Rabbinic supervision.	
BEVERAGES		
Barrs	Pareve: Bubblegum, Cherryade, Cola, Cola Diet, Cola Xtra, Cream Soda, D'N'B Dandelion & Burdock, Ginger Beer, Lemonade, Lemonade Diet, Limeade, Orangeade, Pineapple, Raspberryade, Red Kola, Shandy, Soda water, Tizer	
Britvic	Pareve: 55 Apple, 55 Orange, 100 Apple Juice, 100 Orange Juice, Bitter Lemon; Bitter Lemon Low Calorie, Cordials -- Blackcurrant, Cranberry, Lime, Orange; Ginger Ale, Ginger Beer, Indian Tonic Water, Indian Tonic Water Low Calorie; Juice Drink - Cranberry; Juice - Grapefruit, Orange, Pineapple; Soda water; Tomato Juice Cocktail	
Cadbury	Pareve: Bournville Cocoa; Drinking Chocolate; Hot Chocolate Original; Hot Chocolate 30% less sugar Dairy: Highlights - Bournville, Fudge, Milk Chocolate; ; Hot Chocolate Instant;	
Caprisun	Pareve : Blackcurrant; Cherry, No Added sugar Blackcurrant; No added sugar multivitamin, No added sugar orange; No added sugar Safari Fruits, Orange; Summer Berries; Tropical	Fruit Crush No added Sugar Tropical, No added sugar Raspberry Strawberry
Club	Club Orange Club Diet Orange Club Zero Orange	Club Lemon Club Rock Shandy Club Zero Rock Shandy
Coca Cola	All	
Dr. Pepper	Pareve : Dr. Pepper; Dr. Pepper Zero	

MANUFACTURER	KOSHER (all items pareve unless otherwise noted)	NON KOSHER
Del Monte	Pareve: Apple; Apple Pink Guava & Lime; Fruit Burst - Orange, Tropical; Just Juice - Apple, Cranberry, Grapefruit, Orange, Pineapple, Tomato Mango & Papaya; Orange; Orange & Mandarin Juice; Pineapple; Tomato; Tropical	Fruit Burst Five Fruits,
Fanta	Pareve : Fruit Twist, Fruit Twist Zero Lemon, Orange, Orange Zero, Raspberry Zero, What the Fanta Zero	Grape Zero
Fever-Tree	Pareve: Ginger Ale Premium, Ginger Ale Smoky, Ginger Ale Spiced Orange, Ginger Beer Premium, Lemonade Premium, Lemonade Sicilian Premium, Madagascan Cola, Soda Italian Blood Orange, Soda Mexican Lime, Soda Raspberry & Rose, Soda Water Premium, Tonic Lemon Sicilian, Tonic Water Aromatic, Tonic Water Citrus, Tonic water Elderflower, Tonic Water Meditteranean, Tonic Water Premium Indian	Soda White Grape & Apricot
Fever-Tree Refreshingly Light	Pareve: Ginger Ale , Ginger Ale Spiced Orange, Ginger Beer , Lemonade Premium, Lemonade Rose, Lemonade Sicilian , Madagascan Cola, Tonic Water, Tonic Water Aromatic, Tonic Water Cucumber, Tonic water Elderflower, Tonic Water Lemon, Tonic Water Meditteranean, Tonic Water Rhubarb & Raspberry	
Green & Blacks	Pareve : Cocoa Fair Trade; Hot Chocolate	
Innocent	Coconut water	All Bubbles, all Fruit juice; all smoothies
Irn Bru	Pareve : 1901, Original; Sugar Free; Xtra	
Lilt	Pareve : Pineapple & Grapefruit; Pineapple & Grapfruit Zero	
Lucozade Sport	Brazilian Guava; Carribbean Burst; Cherry Kick; Fitwater; Fruit punch; Lo Cal: Lemon & Lime, Orange Mango & Passionfruit; Orange; Raspberry	

MANUFACTURER	KOSHER (all items pareve unless otherwise noted)	NON KOSHER
Nescafe Gold	<p>Dairy: Cappuchino - Reg, Decaf, Decaf Unsweetened; Skinny, Unsweetene,; Latte - Reg, Caramel, Cinnamon Bun, Irish, Praline, Skinny, Toffee Nut, Vanilla; Mocha - Reg, Double Choc</p> <p>Pareve: Barista Style, Blend, Decaf, Intense, Rich & Smooth, Smooth, Latte Vegan Almond, Latte Vegan Coconut, Latte Vegan Oat</p>	
Nesquik	Pareve: Hot Chocolate;	
Options	Dairy: Belgian Choc - Reg, Honeycomb, Mint, Orange, , Salted Caramel,, White Choc	
Ovaltine	Dairy : Chocolate - Add Milk, Light Add Water; Original Add Milk, Light Add Water	
Pepsi	Pareve: All products	
Ribena	<p>Pareve: Cordial - Crisp Pear & Rose, White Peach & Hibiscus, Drink- Blackcurrant, Blackcurrant light, Mango & Lime light, Pineapple & Passionfruit light, Raspeberry Strawberry light, Very berry; Sparkling- Blackcurrant, Raspberry; Squash - Blackcurrant, Blackcurrant No Added Sugar, Pineapple & Passion Fruit, Raspberry & Rhubarb, Strawberry no added sugar</p>	

MANUFACTURER	KOSHER (all items pareve unless otherwise noted)	NON KOSHER
Robinsons	<p>Pareve: Barley water - Lemon, Orange</p> <p>Cordial: Crushed apple & Cinnamon, Lime & Mint, Pear & Elderflower, Raspberry Rhubarb & Orange Blossom, Strawberry Cucumber & Mint, Superfruit Orange & Acerola cherry</p> <p>Double Strength: No added sugar (Apple & Blackcurrant, Lemon, Orange, Orange & Pineapple, Summer Fruits)</p> <p>Fruit & Barley: Apple & Pear, Orange, Peach, Pink Grapefruit, Summer Fruits, Tropical</p> <p>Fruit Creations: Blackberry & blueberry, Orange & Mango, Peach & Raspberry, Pear & Blueberry, Pineapple Mango & Passion Fruit, Strawberry & watermelon</p> <p>Fruit Creations & Barley: Apple & Elderflower, Raspberry & Cranberry, Strawberry & Kiwi</p> <p>Fruit Shoot : Hydro (Apple & Raspberry, Blackcurrant, Orange & Pineapple, Sparkling Orange & Peach, Sparkling Strawberry & Raspberry), No Added Sugar - Apple, Apple & Berry, Apple & Blackcurrant, Orange, Peach & Mango, Summer Fruits</p> <p>Mini: Apple & Blackcurrant, Lemon & Lime, Orange, Passion fruit & Mango, Summer Fruits No Added Sugar: Apple, Apple & Blackcurrant, Lemon, Orange, Orange & Pineapple, Summer Fruits</p> <p>Refresh'd: Apple & Kiwi, Raspberry & Apple, Sparkling Apple & Blueberry,</p> <p>Squash'd: Apple & Blackcurrant, Citrus, Lemon & Lime, Orange, Passion Fruit & Mango, Summer Fruits</p>	<p>Fruit Shoot Juiced Apple & Pear</p> <p>Fruit Shoot Juiced Strawberry & Mango</p> <p>Refresh'd Orange & Passion Fruit, Sparkling Grape & Pear</p>
Roses	Pareve: Lime Juice Cordial	
San Pellegrino	<p>Pareve: Clementine, Grapefruit, Lemon, Lemon & Mint Infusion, Orange, Orange & Blood Orange, Orange & Prickly Pear, Pomegranate & Orange</p>	

MANUFACTURER	KOSHER (all items pareve unless otherwise noted)	NON KOSHER
Schweppes	Pareve: Bitter Lemon Tonic - Reg, Slimline; Canada Dry Ginger Ale - Reg,; Cordial - Blackcurrant, Lime, Orange, Peppermint; Ginger Beer; Golden Ginger Ale; Ginger Ale Slimline;; Juice - Orange, Pineapple, Pink Grapefruit; Lemonade - Reg, Slimline; Russchain Pink Soda; Soda Water; Tomato Juice Mix; Tonic Water - Crisp, Cucumber, Indian, Light, Salty Lemon, Slimline, Slimline Elderflower, Slimline Lemon Zest	
Snapple	Pareve: Apple, Kiwi Strawberry, Lemonade, Lemonade Pink, Mango	Fruit Punch
Sprite	Pareve: Regular, No Sugar	
Tango	Pareve: Orig - Apple, Cherry, Orange; Sugarfree - Dark berry, Orange, Strawberry Watermelon, Tropical	
BISCUITS, CRACKERS, CRISPBREADS, RICE & CORNCAKES		
Carr's	Table Water Small Crackers: Reg, Black Pepper, Garlic & Herb, Sesame seeds	all other varieties
Finn Crisp	Multigrain, Orginal Rye Round, Original Rye Thin	
Jacobs	Kosher ONLY with a KLBD hechsher (for sale only in GB)	Twiglets (WARNING: Cream Crackers in Ireland are NOT the same as those sold in the GB/ NI)
Kallo	Pareve: Corn cakes (Thins, Ancient Grains, Lightly Salted); Protein Lentil cakes, Rice & Corn Blueberry & Vanilla; Rice & Corn Honey; Rice Cakes Thins (Unsalted organic); Rice cakes (Apple & Cinnamon, Lightly salted, Lightly salted Organic, Sesame seed, unsalted organic) Dairy : Rice Cakes : Rice & Corn Cocoa Date & Vanilla, Rice cake minis Belgian dark chocolate; Minis Belgian Milk Chocolate, Thins - (Belgian Dark Chocolate , Belgian milk chocolate), Rice cakes Yoghurt	Rice cakes Sea salt & Balsamic vinegar Veggie cakes Beetroot.
Nairn		Oatcakes, Oat biscuits
Nespresso Biscuits	Pareve: Amaretti Dairy: Cantuccini	
Oreo	see "CEREALS" listing below	Not kosher in IE/UK; US is kosher when bearing an OU.

MANUFACTURER	KOSHER (all items pareve unless otherwise noted)	NON KOSHER
Rude Health Crackers	Pareve : Crackers - Black rice & tumeric, Brown Rice, Buckwheat & Black Bean, Buckwheat & Chia, Chickpea & Lentil, Corn, Multigrain, Oat & Spelt	
Ryvita	Crispbreads -- all Pareve/Pat Yisroel (when bearing a KLBD hechsher)	Crackerbread and Thins are not approved; also minis all flavours
Tuc	Only packs produced and sold in the UK	WARNING: Tuc in Ireland are manufactured in an unsupervised facility, elsewhere in the EU
Walkers (Scottish) Biscuits	(Kosher-Dairy, when bearing hechsher) : Biscuits: Shortbread	
Walkers (Scottish) Crackers	Dairy: Oatcakes	
Walkers (Scottish) Dessert	Pareve: Meringue nest, Meringue shells, Pavlova	
	BREAD	
	SPECIAL NOTE; Bread, biscuits & cakes bought without a “Hechsher” often contain Treif ingredients, and or ingredients that are milky, or are baked on trays and in ovens that are Treif. It is therefore essential to buy bread, biscuits & cakes that are prepared under Rabbinic Supervision.	

MANUFACTURER	KOSHER (all items pareve unless otherwise noted)	NON KOSHER
<p>Bretzel</p> <p>Please check the Kashrut Notice posted at Bretzel for the most current list of approved products</p> <p>Consult the Office of the Chief Rabbi for Pat Yisrael items</p>	<p>Pareve:</p> <p>BAGUETTE / PLAIN WHITE / FLOUR / SEED / D'ESPARD / MULTI-SEED SMALL / LEVAIN</p> <p>BAP ONION</p> <p>BREADSTICKS OLIVE</p> <p>BRETZEL BOULE</p> <p>BROWN SAN FRANCISCO STYLE</p> <p>SOURDOUGH ROUND</p> <p>CHALLAH</p> <p>DINNER BUN WHITE</p> <p>GRANARY LOAF</p> <p>PAIN DE CAMPAGNE / OLIVE</p> <p>PORTOBELLO PETIT PAIN</p> <p>ROUNDS</p> <p>RYE AUVERGNATE 100% / SLICED RYE / SOURDOUGH RYE 100%</p> <p>SMALL TOMATO</p> <p>SOURDOUGH BROWN SLICED / SLICED / SMALL / LEVAIN BAGUETTE</p> <p>STONEGROUND SLICED</p> <p>TORTANO CROWN, POTATO & HONEY BAP</p> <p>TURNOVER</p> <p>TWIST</p> <p>WHITE SAN FRANCISCO STYLE SOURDOUGH</p> <p>OBLONG</p> <p>Dairy (chalav akum):</p> <p>BROWN SODA BREAD</p> <p>PLAIN CROISSANT/ PLAIN SCONE / FRUIT SCONE</p> <p>PLEASE NOTE: SCONE MIXED BERRY & BAGELS ARE NOT APPROVED</p>	<p>No other products sold in the Bretzel are certified as Kosher.</p> <p>The kitchen of the Lennox St cafe is NOT under supervision and menu items are NOT certified kosher.</p>
<p>Hovis (Pat Palter)</p>	<p>Kosher ONLY when bearing the KLBD hechsher. Available at some Lidl's, Tesco's.</p>	
<p>Irish Pride</p> <p>Consult the Office of the Chief Rabbi for Pat Yisrael items</p>	<p>Brioche, bread and bread rolls</p>	<p>All other products</p>
BUTTER & MARGARINE		
	<p>All PURE Butter is permitted (Dairy - Chalav Stam). No additives other flavourings other than salt are permitted.</p>	

MANUFACTURER	KOSHER (all items pareve unless otherwise noted)	NON KOSHER
	Margarine is only kosher when made under Rabbinic Supervision. Brands claiming to be made from "pure vegetable oil" may often contain ingredients of animal origin	
Benecol	Dairy: Margarine (Buttery, Light, Olive) SEE YOGHURT for yoghurt drinks	
Flora		All spreads not approved
CEREALS		
Aldi/Lidl	Porridge Oats	
Alpen	Dairy : Chocolate, Create, No added sugar, No added sugar Simply Berries , Original	
Dorset Cereals	All varieties (when marked with KLBD) Dairy: Granola Choc Cherry All others Pareve	
Flahavan's	Dairy : Quick Pot Oats Original Pareve: Irish porridge; Oats Organic- Jumbo, Porridge; Quick original	Flavoured and Organic Quick Pots are not certified; All other varieties
Jordans	Pareve: Country Crisp (Chocolate. Chunky Nuts, Flame Raisins, Fruit & Nut, Honey & Nut, Organic, Raspberry, Strawberry, Superberry); Crunchy Oat Granola - (Fruit & Nut, Raisin & Almond, Tropical Fruits); Granola Low Sugar (Almond & Hazelnut, Cherry & Almond); Granola Organic Dark Chocolate & Coconut; Granola Simply Hint of Honey; Granola Super 3 Seeds; Granola Super Berry; Granola Super Fruity; Graniola Super Nutty; Muesli (Four nut, Fruit & Nut, Natural No Added Sugar, Organic, Organic Super Fruits, Truly Fruity); Porridge - (Chunky Traditional, Organic , Quick & Creamy) Dairy - Crunchy Oat Granola Milk Chocolate & Orange	all other varieties

MANUFACTURER	KOSHER (all items pareve unless otherwise noted)	NON KOSHER
Kelloggs WK	<p>Pareve: Granola Cocoa, Cashew, Almond & Spelt, Granola Cranberry, Sultana & Spelt, Granola No Added Sugar, Granola No Added Sugar Apricot & Pumpkin Seeds, Granola No Added Sugar Cocoa & Hazelnut, Granola No Added Sugar Coconut, Cashew & Almond, Granola No Added Sugar Raspberry, Apple & Carrot,</p> <p>Dairy: Plant Protein Cruncg Dark Chocolate & Coconut,</p>	
Kelloggs WK by Kids	<p>Dairy: Multigrain Shapes Blieberry Apple & Beetroot; Multigrain Shapes Strawberry Apple & Carrot</p>	
Kelloggs	<p>Pareve: All Bran (Bran Flakes, Original, Prebiotic Oaty Clusters Almond & Pumpkin Seeds, Prebiotic Oaty Clusters Original, Sultana Bran); Baby SHark Toffee Multigrain Coco Pops, Coco Pops Hazelnut Choc Corn Flakes, Crunchy Nut Corn Flakes, Crunchy Nut Granola Fruit & Nut, Crunchy nut Granola Red Berries Disney Cars Multigrain, Disney Strawberry Multigrain Shapes, Froot Loops, Frosties, Fruit 'n' Fibre, Honey Loops, Honey Pops Just Right, Paw Patrol; Rice Krispies (Orig, Multi-Grain Shapes), Special K (Oats & Honey, Original, Peach & Apricot, Red berries) Wheats Mince Pie Wheats Plain Wheats Raisin Jimmy's Choco Dragon Shells</p> <p>Dairy : Coco pops White Choc, Coco Pops White Choc Strawberry Country Store; Crunchy nut Granola Creations Chocolate Crunchy Nut Granola Hazelnut & Chocolate</p>	<p>All Bran Golden Crunch Coco Pops Rocks Crunchy Nut clusters (Chocolate, Honey & Nut, Peanut) Crunchy nut Granola creations Pec an Nuts Honeycomb Krave Choco Roulette Wheats Frosted</p>

MANUFACTURER	KOSHER (all items pareve unless otherwise noted)	NON KOSHER
	Krave (Chocolate Hazelnut, Chocolate Milk) ; Crunchy nut Creations Granola Choc; Krave Chocolate (Hazelnut, Milk); Rice Krispies Multigrain Shapes Blueberry & Apple Rice Krispies Multigrain Shapes Strawberry & Apple Special K (Chocolate, Immune Cherry Dark Chocolate & Almond), Wheats (Apricot, Blueberry, Choco)	
Lizi's	Pareve: Adventurers Granola Banana, Adventurers Granola Strawberry, Granola Low Sugar, Granola Low Sugar Maple & Pecan, Granole Organic, Granola Original, Granola Treacle & Pecan Dairy: Granola Belgian Chocolate, Granola High Protein, Granola Mango Macadamia, Granola Passionfruit Pistachio Suoer Muesli Boost Super Muesli Cleanse Super Muesli Focus Super Muesli Glow Granola Gluten Free	
Nestle	Pareve: Cheerios (Chocolatey, Honey, Multigrain, Oat lo sugar, Vanilla O's); Cookie Crisp Curiously Cinnamon (Regular, Churro) Golden Nuggets Harvest Home Bran Flakes Harvest Home Corn Flakes Harvest Home Crisp Rice Nesquik Shredded Wheat (Orig, Bitesize, Honey & nut, Multigrain Barley & Spelt); Shreddies: Orig, The Coco One, The Frosted One, The Honey One, The Simple One), Dairy: Curiously Strawberry : Lion Caramel & Chocolate, Nesquik Chocolate & Banana Flavoured Pillows	Shredded Wheat Fruity Bites Berry Burst, Shredded Wheat Fruity Bites Golden Bliss Shredded Wheat Red Berries & Vanilla

MANUFACTURER	KOSHER (all items pareve unless otherwise noted)	NON KOSHER
Quaker	<p>Pareve: Oat Crisp; Perfect Blenfs (Apple Raisin & Cinnamon, Blueberry Cranberry & Guava, Multigrain, Raspeberry Apple & Acai) Rolled Oats Rolled Oats Jumbo Oatie Mix Up Chocolate Oatie Mix Up Honey Oatie Mix Up Strawberry Oat So Simple Sachets: Apple & Blueberry, Big Bowl (Golden Syrup, Original), Classic Banana, Coconut, Golden Syrup, Honey & Vanilla, Orig, Protein, Protein Cinnanmon, Protein Golden Syrup, Protein Strawberry Jam, Strawberry Raspberry & Cranberry, Sultanas Raisins Cranberry & Apple, Sweet Cinnamon, Velvety Chocoate) : Gluten Free Oats So Simple Sachets Gluten Free Oats</p> <p>Dairy: Oat So Simple Big Pots (Golden Syrup, Original) Oat So Simple Pots: Apple & Blueberry, Caramel, Golden Syrup, Honey & Vanilla, Orig, Protein, Protein Golden Syrup, Strawberry Jam, Strawberry Raspberry & Cranberry, Sweet Cinnamon Oat So Simple Sachets Cuppa Porridge (Cuppa Porridge Golden Syrup, Cuppa Porridge Orig,);</p>	Oat Granola Raisin Super Goodness Granola
Rude Health	All cereals, with KLBD hechsher, Pareve	Other products may not be approved. Consult individual listing
Sainsburys (Available in NI)	<p>Pareve: Corn Flakes, Pecan & Maple Crisp, Wheats Mini, Wholegrain Bran Flakes, Wholegrain Sultana Bran</p>	Wheats - Apricots, Blueberry, Raisin
Scotts (available in NI)	<p>Pareve: Porage Oats - Old Fashioned, Orig; So Easy Orginal Sachets Dairy: So Easy Original Pots: Orig,</p>	
Tesco	<p>Pareve: Fruit & Fibre; Super Smooth Porridge; Wheat Biscuits</p>	Multigrain Hoops

MANUFACTURER	KOSHER (all items pareve unless otherwise noted)	NON KOSHER
Weetabix	<p>Pareve: Bran Flakes, Crispy Minis: Banana, Chocolate Chip, Fruits & Nut; Crunchy Bran Fruit & Fibre Oatibix; Oatibix Flakes- Orig, Red Berries; Ready Brek (Chocolate Sachets, Orig, Orig Sachets); Weetabix (Original, Banana, Chocolate, Organic, Protein, Protein Chocolate Chip. Red Berries); Weetabix Protein Cruch (Chocolate, Original), Weetabix Red Berries Weetaflakes Weetos Chocolatey Hoops</p> <p>Dairy: Crunchy Bran; , Ready Brek Chocolate</p>	<p>Crunchy Weeties Oatibix Flakes Nutty Crunch</p>
Whole Earth	<p>Pareve: Cocoa Crunch; Cornflakes Golden, Corn Flakes Maple Frosted, Muesli, Red Fruit Crunch</p>	
CHEESES		
	NON-DAIRY CHEESES Check below, under NON-DAIRY CHEESE	
	<p>Please note all cheese must have Rabbinical supervision. This includes all hard and soft cheeses, including cottage cheese, cream cheese and fromage frais. Take care, as some cheeses come in a kosher and non-kosher option, but look the same. Check for the kosher symbol.</p>	
Babybel	<u>Only when bearing kosher certification</u>	
Sirela Cheese (from Croatia)		Incorrectly labelled with kosher symbol
Dubliner cheese		Not kosher in IE/UK. Please note the production of the retail item for sale in Ireland/UK is not supervised.
Philadelphia cream cheese		Not kosher in Europe. Please note the manufacturer has refused to share information about the production of this item with the local rabbinate.
Samson cream cheese	Kosher - Cholov Yisroel	
Sol	<p>Kosher ONLY when bearing KLBD hechsher. Please check carefully as there are local brands by the same name</p>	
CONFECTIONERY		

MANUFACTURER	KOSHER (all items pareve unless otherwise noted)	NON KOSHER
	Please be aware that pork fat derivative is used as an ingredient in some unsupervised confectionery, primarily as a stearate.	
Altoids		Peppermints
Barratts		All Products
Bassetts	See Maynards Bassetts below	
Bendicks	Pareve: Bittermints; Mint Collection; Mint Mondants	
Booja Booja	Truffles 69g size ONLY Chocolate - Dark Ecuadorian, Raspberry (see further entries in Ice Cream section)	All other truffle items
Butler's		All products not kosher
Cadbury's	<p>Dairy :</p> <p>Bitsa Wispa, Bournville Giant Buttons; Bournville Classic, Bournville Old Jamaica Bournville Orange Buttons White, Caramel Egg, Caramilk Chomp, Creme Egg (40g ONLY), Creme Egg Twisted Bag; Crunchie, Crunchie Rocks; Curly Wurly;</p> <p>Dairy Milk; Dairy Milk (30% less sugar, Buttons (Includes Giant Button), Buttons Giant Orange, Buttons Mint, Buttons Mixed, Buttons Twisted, Caramel, Caramel Nibbles, Crunchie Bits, Freddo, Fruit & Nut, Fruiti & Nut Chopped, Mint, Nut Chopped, Orange, Turkish, Twirl Orange, Wholenut); Darkmilk Giant Buttons; Darkmilk Original; Darkmilk Salted Caramel; Double Decker; Eclairs ; Flake; Fudge;</p> <p>Heroes (only Heroes containing Dairy Milk - reg, caramel, creme egg twisted, eclairs, fudge, twirl & wispa are approved); Milk Tray, Mini Eggs (not to be confused with Mini CREME eggs, which are not approved) Picnic; Snack sandwich chocolate; Snack shortcake; Twirl; Twirl Bites;</p>	<p>ROSES ASSORTMENT, Mini Creme Eggs Boost; Dairy Milk Freddo Caramel, Dairy Milk Freddo Faces Dairy Milk Marvellous Jelly Popping Candy Dairy Milk Marvellous Rocky Mallow Road Finger s Milk Chocolate Starbar; Time Out Wafer</p>

MANUFACTURER	KOSHER (all items pareve unless otherwise noted)	NON KOSHER
	White; White Buttons (includes Giant Buttons) Wispa; Wispa Gold PAREVE:	
Chewits		ALL PRODUCTS not kosher
Chupa Chups	Pareve: Apple, Cherry, Cola, Cola Lemon, Mini, Orange, Raspberry, Strawberry, Watermelon, Dairy: Caramel, Cocoa Vanilla, Raspeberry Vanilla, Strawberry Cream, Vanilla,	Crazy Dips Strawberry Melody Pops Strawberry XXL Apple & Strawberry XXL Cola & Strawberry XXL Strawberry Sugar Free Assorted
Daim		All Products
Elizabeth Shaw	Pareve: Dark Mint Crisp Dairy: Crisp Milk (Mint, Orange, Salted Caramel)	All Other Products
Ferrero	Dairy: Bar Rocher (Dark 55% Hazelnut, Milk Original, White Hazelnut) Collection, Eggs Cocoa, Eggs Hazelnut Goldern Gallery (boxes of 22 and 42 pcs only), Raffaello, Rocher , Rocher Grand	All Other Products
Fox's	Pareve: Glacier -(Dark, Fruits; Mints; Spearmints) Dairy : Classic, Rocky -Caramel, Chocolate	All Other Products
Frys	Dairy: Turkish Delight	Chocolate cream; Peppermint cream
Godiva	Only when bearing OU-D label	All Other Products, when no hechsher appears on packaging
Green & Blacks	Dairy: Collection: Classic, Connoisseur, Milk, Tasting) Dark Chocolate Toffee; Milk chocolate: Plain, Almond, Butterscotch, Sea Salt; White Chocolate Milk Cooking chocolate White Cooking Chocolate Pareve: Dark Chocolate: 70%, 85%,, Ginger, Hazelnut, Hazelnut & Currant, Maya Gold Dark Cooking Chocolate	
Guylian	All products, when bearing the OU-D logo	

MANUFACTURER	KOSHER (all items pareve unless otherwise noted)	NON KOSHER
Haribo	Some shops carry a kosher variety bearing a hechsher	Not kosher in IE/UK (without hechsher)
Hubba Bubba	Bubble Tape (Cool cola, Fancy Fruits, Snappy Strawberry,) Gum Atomic Apple, Gum Outrageous Original, Gum Seriously Strawberry	
Jelly Belly	Pareve with hechsher	
Kinder	Dairy: Bueno - Orig, Dark, White; Chocolate, Chocolate Cereals, Chocolate Medium, Happy Hippo - Cocoa, Hazelnut; Joy, Schoko Bono Surprise	
Lily O'Brien		All products not kosher
Lindt	Pareve: Excellence Dark - 70%, 85%, 90%, 99%, Dairy : Creation Milk (Chocolate Cake, Creme Brulee, Fresh Lemon, Pistachio delight) ; Excellence Dark - 78%, Caramel Sea Salt, Chili, Intense (Cherry, Coconut, Lime, Mint, Orange, Raspberry), Roasted Hazelnut,, Dark Sea Salt; Excellence Milk Extra Creamy; Excellence Tasting Collection; Excellence White Vanilla, Lindor Bar Milk (100g size only), Swiss Classic Milk Chocolate	Petits Desserts other Lindor products are not approved
Lir		All products not kosher
M&Ms	Dairy: Bar Biscuit Bar Chocolate 165g Bar Crispy 150g Brownie Crunchy Caramel Eggs Chocolate Salted Caramel	Bar Cookie Bar Hazelnut Bar Peanut Chocolate; ; Crispy Peanut M&Ms manufactured in the US are kosher with a hechsher on the package)

MANUFACTURER	KOSHER (all items pareve unless otherwise noted)	NON KOSHER
Mars	Dairy: Ballisto (Original Bar, Yoberry Bar), Bounty (Dark, fun size, Milk); Celebrations; Galaxy (Caramel, Cookie Crumble, Counters, Crispy, Honeycomb Crisp, Minstrels, Nut Crunch, Ripple, Salted Caramel, Smooth Milk); Galaxy Swirlers (Crunch Caramel, Crunch Shortbreads); Galaxy Wafer Curls (Chocolate, Hazelnut); Maltesers (Orig, Teasers Bar); Mars (Orig, Bites, Fun size, Magic Stars, Mix); Milky Way (Orig, Crispy rolls, Fun Size, Magic Stars); Revels; Snickers (Orig, Creamy Peanut Butter, Snickers & Hazelnut, Bites, Crisp, Fun Size); Topic; Twix (Orig, 99Kcal, Bites, Fun Size, Miniatures, Salted Caramel, Top, White, Winter Spice)	Galaxy Vegan Crumbled Cookie McVities Galaxy Cookie Crumble Slices Mars 95KCal Milky Way Magic Stars Dairy Free Snickers 95 KCal
Maynards Bassetts	Pareve : Cherry Drops, Murray Mints, Sherbert Lemons Dairy : Everton Mints	All other varieties
Mentos		(NOT kosher in IE/UK; US is kosher when bearing OU hechsher)
Millions	Pareve: Apple, Banana, Blackcurrant Buzz, Bubblegum, Cola, Multi, Orange & Lemon, Raspberry, Strawberry	Vimto
Nespresso	Dairy: Chocolate Dark, Chocolate Milk	
Nestle	Dairy: Aero Bar (Caramel, Chocolate, Orange, Peppermint,); Aero Bubbles (Chocolate, Peppermint); After Eight (Bites, Mints), Animal Bar, Blue Riband Original, Breakaway (Orig), Caramac, Crunch (Milk,) Kit Kat (Orig, Chunky, Chunky Duo, Chunky Peanut Butter, Dark, Dark 70%, Dark Mint, Hazelnut, Honeycomb, Orange, Vegan), Lion Bar (Orig, Peanut), Milkybar (Orig, Buttons, Giant Buttons), Munchie Munchies, Munchies, Quality Street (Assortment; Matchmakers (Cool Mint, Zingy Orange), Purely Purple Ones) Rolo (Orig, Little), Smarties (Orig, Buttons Orange, Mini, Sharing Block (Milk, Orange, White)), Toffee Crisp (Orig, Biscuit),	Black Magic Assortment ; Dairy Box The Classic Collection Smarties Buttons Milk Smarties Buttons White

MANUFACTURER	KOSHER (all items pareve unless otherwise noted)	NON KOSHER
	Whip (Vanilla, Walnut) Yorkie (Orig, Biscuits, Raisin & Biscuit) Pareve: Polo (Fruits, Orig, Spearmint)	
Panda Natural Licorice	Pareve: Licorice Bar (Orig, Raspberry), Bears Original, Licorice (Original, Raspberry) Dairy : Bar (Mint filled), Licorice Torpedoes	
Ricola	Pareve: (BAGS ONLY) Honey Herb, Lemon Echinacea, Original Swiss Herb	Sweets in Stick Packs are not approved
Rowntrees	See ICE CREAM for approved pops	All confectionery
Seed & Bean	Only certified when bearing hechsher.	
Skittles	Pareve: Crazy Sours (Orig, Giants) Fruits, Fruits Chewies, Fruits Giants, Fruits Whites, Tropical, Wild Berry	
Starburst	Pareve: Orig Fruit Chews, Original Minis)	Chewing Gum, all other varieties
Sultans	Pareve: Chocolate Ginger, Turkish delight (Hazelnut, Pistachio, Rose & Lemon Box) Dairy : Turkish Delight (Milk Choc Rose Box, Milk Choc Rose Bars)	Turkish Delight (Luxury, Rose & Lemon Pick & Mix)
Terry's Chocolate Orange	Dairy : Ball (Dark, Milk, White) Bar (Biscuit, Milk Bar - 35g & 90g only) Minis (Biscuit, Milk, White)	All other products
Thorntons		All products
Tic Tac	Pareve: Apple Burst, Fresh Mint, Intense Mint, Mint Rush, Spearmint Twist, Strawberry Fields	Cherry Passion ; Fruit Adventure; Lime & Orange; Mixers Cherry Cola
Toblerone	Dairy : Crispy Coconut, Dark, Fruits & Nut. Milk, Tiny, White	
Trident		All products
Werthers	Dairy : Butter Candies, Creamy filling	

MANUFACTURER	KOSHER (all items pareve unless otherwise noted)	NON KOSHER
Wrigleys	Pareve: Gum: Airwaves (Black Mint, Blackcurrant, Cherry Menthol, Extreme, Menthol & Eucalyptus); Gum Doublemint, Gum Extra (Bubblegum, Cool Breeze, Ice Peppermint, Ice Spearmint, Minis Peppermint (100 piece pack only), Minis Spearmint, Peppermint, Spearmint, Strawberry, White, White Bubblemint); Gum Juicy Fruit, Gum Spearmint Mints Extra Peppermint,	Mints - Doublemint Peppermint, Extra Chewy, Extra Spearmint
	CRISPS, NOSH, SNACKS, POPCORN	
	Crisps and popcorn require approval from a Rabbinical Authority, as even plain-flavoured items may be produced on equipment that previously handled non-kosher flavours. Also many preservative and additives can have an animal source. For nuts, seeds & dried fruit, see the "Group One Guide"	
Doritos	A kosher version of Doritos with hechsher is available in some kosher shops	All products manufactured in Europe. Check packaging for hechsher.
Eat Real	Pareve: Hummus Chips- Chili & Lemon, Chili Cheese, Creamy Dill, Sea Salt, Sea Salt organic, Sour cream & Chives, Tomato & Basil; Lentil Chips -Chili & Lemon, Creamy Dill, Mango & Mint, Sea Salt, Sea Salt Organic, Tomato & Basil; Quinoa Chips - Chili & Lime, Paprika, Sour Cream & Chives, Sundried Tomato & Roasted Garlic, Sweet chili; Quinoa Puffs & Kale - Cheddar White (MUST have hechsher), Jalapeno & Cheddar Quinoa Puff - Cheddar White, Infused Mediterranean, Japaeno & Cheddar Straws - Cheezie, Veggie Kale - (Tomato & Spinach, Sea Salt)	Quinoa Puffs & Kale Cheddar White - only certified WITH hechsher
Kettle	Lightly Salted, Sea Salt Peppercorns	Chips: Baked, Cheddar & Red Onion, Mozzarella & Pesto, Sea salt Basalamic Vinegar, Torilla
Keogh's Farm	Pareve: Microwaveable Popcorn Cobs	All other crisps, chips, popcorn
KP	Pareve: Cashews Honey Roast Cashews Salted Peanuts Dry Roasted Peanuts Honey Roast Peanuts Original Salted	Crisps Ready Salted, Crisps Salt & Vinegar , Discos, Frisps, Hula Hoops

MANUFACTURER	KOSHER (all items pareve unless otherwise noted)	NON KOSHER
	Peanuts Salt & Vinegar Peanuts Spicy Chili	
Manhattan	Nuts, all varieties, when cooked in vegetable oil, no flavouring added. Salted acceptable	All Other Products
Popz Popcorn		Recently delisted: old stock with KLBD hechsher is still permitted
Pringles Crisps		All varieties (unless manufactured in the US and bearing a kosher symbol/hechsher)
Propercorn	All varieties, when bearing the KLBD hechsher Pareve: For Kids Simply Sweet Lightly Sea Salted, Peanut Butter & Almond, Perfectly Sweet, Sweet & Salty	Microwaveable
Tayto Crisps		All products
Walkers	Pareve: Hint of salt natural Sea Salt, Ready Salted, Salt & Shake	All other varieties
DIETETIC SWEETENERS		
	Sweeteners marked Dairy contain lactose; care should be taken to avoid them after a meat meal	
Canderel	Pareve: Red Granular; Red Zero Liquid; Stevia Blend Crunchy, Sugarly, Sweetely Granular; Yellow Sticks; Dairy : Red Tablets, Stevia Blend Tablets, SweetelyTablets	
Hermesetas	Pareve: Liquid, Granulated, Mini	
Splenda	Pareve: Granulated, Zero Dairy : Sweet Minis Tablets	
Sweet N' Low	Pareve: Acesulfame K Bulk; Blend Aspartame & Acesulfame K Sachets; Saccharin Granulated Bulk; Spoon for spoon; Stevia Tablets Dairy : Acesulfame K Sachets ; Tablets	
Tate & Lyle	Pareve: Agave plant Syrup; Only Half	
Eggs		

MANUFACTURER	KOSHER (all items pareve unless otherwise noted)	NON KOSHER
	<p>All hen's eggs are kosher (white ones are usually 'cleaner' inside). <i>Free range eggs</i> with red markings (not brown) in the yolk or the white may not be eaten. Other eggs can have a red spot in the white removed and may then be eaten but red marks in the yolk are still problematic. Easiest method is to use a clear glass to inspect.</p>	
	FISH	
	<p>Fresh or frozen fish should should always be bought with some skin attached, so you can check for scales. In addition, fresh or frozen fish should be rinsed in cold water prior to any preparation, as it may have come into contact with forbidden seafoods.</p>	
	<p>Salmon is an exception and can be bought ready sliced/filletted due to its distinctive colour.</p>	
	<p>Kosher species of fish, canned in brine, water or vegetable oil are approved, but it's always a better course of action to buy from the "approved" list below. Minced fish and pickled fishes require Rabbinical supervision.</p>	
<p>John West</p>	<p style="text-align: center;">Pareve: Anchovies, Fridge Pots (Tuna Steak Brine, Tuna Steak Olive Oil, Tuna Steak Spring water, Tuna Steak Sunflower Oil), Herring fillets (Tomato), Kipper fillets Brine, Kipper fillets Sunflower Oil ; Mackerel fillets - Olive Oil, Smoked Irish, Smoked Irish Peppered, Smoked Irish Red Chili, Sunflower Oil, Tomato; Salmon Pink (Skinless & Boneless, Wild Pacific); Salmon Red (Skinless & Boneless, Wild Pacific); Salmon Wild Pacific; Sardines Boneless - Olive Oil, Sunflower Oil, Tomato; Sardines - Brine, North Atlantic Sunflower Oil, Olive oil, Spicy Tomato, Sunflower Oil, Tomato; Sild - Sunflower Oil, Tomato Sauce; Skippers - Sunflower Oil, Tomato Sauce; Tuna Chunks Brine, Tuna Chunks No Drain (Brine, Olive Oil, Spring Water, Sunflower Oil); Tuna Chunks Spring Water Tuna Chunks Sunflower Oil Tuna sandwich - Brine, Spring water, Sunflower Oil; Tuna Steak - Brine, Sunflower Oil;</p>	<p>Creations - all; Lunch on the Go- all; Spreadables - all; Steam pots - all; All Other Products</p>

MANUFACTURER	KOSHER (all items pareve unless otherwise noted)	NON KOSHER
	Tuna Yellowfin Spring Water	
	Dairy: Herring fillets Mustard & Dill	
Princes (all items are pareve)	Mackerel fillets - Rich Tomato, Sunflower Oil; Pilchards - Lightly Salted Water; Salmon - Atlantic Brine, Pink, Red; Sardines - Extra Virgin Olive Oil, Rich Tomato Sauce, Sunflower Oil; Tuna - Brine, Fillets Olive Oil, Springwater, Sunflower Oil, Tomato Sauce	All other products
SMOKED SALMON	See FISH, SMOKED	
FISH, SMOKED		
	Plain, unflavoured cold smoked kosher species of fish, either whole or filleted, are permitted provided that some skin is attached to verify presence of scales. All plain COLD smoked salmon is approved, even without skin. Other varieties of fish or other preserving methods (eg hot smoking, flavourants added) may require certification, please consult with the KCI at dublinhebrew@gmail.com .	
Burren Smokehouse	All varieties, when bearing the KLBD symbol	
Kinvara *		Kinvara Village supported a boycott of Israeli Goods
FLOUR, BAKING MIXES		
	All types of plain, strong, whole-wheat, cake and self-raising flour are permitted. Baking mixes are permissible only when Rabbinically supervised. See "Group One Guide" for more details.	
FRUIT & VEGETABLES, FRESH & FROZEN		
	Generally all fresh and frozen fruits and vegetables are permitted. However, some items are prone to infestation and require a thorough checking prior to consumption	
	The Office of the Chief Rabbi currently recommends avoiding the consumption of the following, due to infestation problems: broccoli florets, asparagus tips, cauliflower, blackberries, raspberries. Pureed berries are permitted. If necessary, contact the Office for detailed instructions how to check the above for infestation.	
	Leafy vegetables always require washing and checking in strong light. Asparagus tips may	

MANUFACTURER	KOSHER (all items pareve unless otherwise noted)	NON KOSHER
	not be used; for artichoke, remove outer leaves near base and inspect for boreholes.	
	FRUIT & VEGETABLES, CANNED, DRIED & FROZEN	
	Most canned fruit is permitted, provided that it is not canned in grape juice or E120 colouring is used.	
	Most frozen fruits are permitted. All vegetables, canned in water or brine are permitted. Fruits (Canned & Frozen) which are commonly infested should be avoided. This includes frozen or tinned, broccoli & cauliflower florets, blackberries and raspberries.	
	All pure dried fruit is permitted. However, oil is sometimes added, and it is therefore necessary to check the ingredients to ensure that the oil is vegetable and that no glycerin has been added. In addition, dried or fresh dates need to be split open prior to consumption because of possible worm infestation.	
	ICE CREAM & LOLLIES	
Almond Dream	<i>see SOYA for approved items</i>	All ice creams
Alpro	<i>see SOYA for approved items</i>	All ice creams
Baskin-Robbins [NOTE: Toppings, cones and flavours not listed are NOT KOSHER APPROVED. Individual Baskin-Robbins STORES AND KIOSKS ARE NOT SUPERVISED by the KCI, KLBD or any other Rabbinical Authority, Some outlets sell sealed packs bearing a KLBD logo, When purchasing from an open container, please ensure a CLEAN SCOOP is used.]	Dairy: Banana 'n' Strawberry; Banana Caramel; Blue Raspberry Sherbet; Caramel Honeycomb Candy; Chocolate; Chocolate Chip; Chocolate Chip Cookie Dough; Coconut ; Cookies 'n' Cream; Cotton Candy; Gold Metal Ribbon ; Jamoca; Jamoca Almond Fudge; Mango Tango; Mint Choc Chip; Mississippi Mud; Nutty Coconut; Old Fashioned Butter Pecan; Orange Sherbet; Pistachio Almond; Pralines & Cream; Rainbow Sherbet; Red Raspberry Sherbet; Sorbet Lemon, Sorbet Mango; Vanilla; Vanilla Chocolate Chip; Very Berry Strawberry;	Rum Raisin; Strawberry Cheesecake

MANUFACTURER	KOSHER (all items pareve unless otherwise noted)	NON KOSHER
	World Class Chocolate	
Ben & Jerry's	Dairy : All varieties when bearing hechsher Non-Dairy, manufactured on Certified Dairy Equipment: Varieties bearing a "DE" classification	
Booja Booja	Pareve: All varieties when bearing hechsher	See "Booja-Booja " Isiting in CONFECTIONERY
Cadbury	Dairy: Creme Egg (Stick, Tub); Crunchie Blast Stick; Dairy Milk & Caramel Minis Stick, Dairy Milk (Buttons Cone; Caramel Stick, Dairy Milk Stick), Flake 99 Cone, Flake Tub	
Carte D'Or - Les Classiques	Dairy : Chocolate Tub Coffee Tub Mint Chocolate Tub; Rum & Raisin Tub; Salted Caramel Tub; Strawberry Tub; Vanilla Light Tub; Vanilla Tub	
Del Monte	Pareve: Smoothie Mango Lolly; Smoothie Raspberry Lolly; Smoothie Sicilian Lemon Lolly;	100% Juice Orange Lolly
Green & Blacks	Dairy: Chocolate Tub; Vanilla Caramel NutTub; Vanilla Tub	all other ice cream product
Haagen Dazs	All varieties Dairy when bearing hechsher	
Kerrygold		All soft ice cream mixes
Mars	Dairy: Bounty (Bar): Galaxy Heart Bar, Galaxy Heart Caramel Bar, Galaxy Heart Vanilla Bar; Galaxy Vanilla Bar Mars Bar; Mars Caramel Salted Bar; Snickers (Bar, Caramel Bar, Crisp Bar, White Bar); Twix Bar	
Mr Freeze	Pareve: Freezepops Cola, Freezepops Multipack, Freezepops Raspberry, Freezepops Strawberry, Jubbly Cola Ice Lollies, Jubbly Orange Ice Lollies, Jubbly Strawberry Ice Lollies	Jubbly Cherry Ice Lollies, Jubbly Lemonade Ice Lollies

MANUFACTURER	KOSHER (all items pareve unless otherwise noted)	NON KOSHER
Nestle	Dairy: Fab Lolly (Strawberry & Tropical Minis, Strawberry); Nobbly Bobbly (Stick, Strawberry & Chocolate Minis Stick, Vanilla & Chocolate Minis Stick); Skinny Cow (Mint Double Choc Stick,) Smarties Pop Up; Toffee Crumble Stick (70 ml only)	all other varieties
NoBo		All varieties
Robinsons Fruit Shoot	Pareve: Orange/Apple & Blackcurrant Mini Lollies	Squeezee Pops
Rowntrees	Pareve: Fruit Blaster Lolly; Fruit Pastille Lolly; Fruit Pastilles Push Up (Blackcurrant Lolly, Orange Lolly, Strawberry Lolly, Tropical Lolly) Push Up Multipack Dairy: Randoms Minis Lolly	Fruit Screamer's :Lolly
Sainsbury - Available in Northern Ireland	Pareve: Free From (Choc, Strawberry, Vanilla)	
Swedish Glace	Pareve: Delightful Raspberry; Heavenly Chocolate; Smooth Vanilla	All other tubs, also all sticks and cones
Tofutti	All treats pareve, with hechsher	

MANUFACTURER	KOSHER (all items pareve unless otherwise noted)	NON KOSHER
Walls / HB (Heart Logo WITHOUT "HB")	<p>PAREVE: Calippo Cola Calippo Mini Orange/Lime Calippo Orange</p> <p>DAIRY: Cornetto Classico (retail multipacks of 6 ONLY); Cornetto Gluten Free Vegan Cornetto Miniature Cornetto Mint Cornetto Soft Chocolate Cornetto Soft Salted Caramel Cornetto Soft Strawberry Cornetto Strawberry (retail multipacks of 6 ONLY); Cream of Cornish Vanilla Tub Feast Original Stick Magnum Almond Stick Magnum Classic Stick Magnum Mini Almond Stick Magnum Mini Classic Stick Magnum Mini Classic/Almond/White Stick Magnum Mini White Stick Magnum Mint Stick Magnum Vegan Almond Stick Magnum Vegan Classic Stick Magnum Vegan Mini Classic/Almond Stick Magnum Vegan Sea Salt Caramel Stick Magnum White Stick Mini Milk Chocolate Stick Mini Milk Strawberry Stick Mini Milk Vanilla Stick Soft Scoop Vanilla Light Tub Soft Scoop Vanilla Tub Solero Exotic Stick Solero Red Berries Stick Twister Pineapple Stick Viennetta Mint Viennetta Vanilla</p>	<p>Cornetto Soft Cookie & Chocolate Magnum Double Caramel Stick Twister 3ster Stick Twister Peek A Blue All other Walls/HB not specifically listed</p>
	JAMS - See SPREADS	
	JELLIES, CUSTARDS, MERINGUES & PUDDINGS	
	Only jellies (gelatin desserts) under actual rabbinical supervision may be used.	
Alpro	<p>Pareve: Desserts: Chocolate, Dark Chocolate Dessert, Creamy Caramel Dessert, Creamy Coconut Dessert; Custard Vanilla, Velvet Vanilla Dessert</p>	<p>Dessert Almond Vanilla Dessert Chocolate Hazelnut Mousse Pistachio Mousse Double Chocolate</p>

MANUFACTURER	KOSHER (all items pareve unless otherwise noted)	NON KOSHER
Ambrosia	Dairy: Deluxe Custard (Belgian Chocolate, Vanilla Clotted Cream, Vanilla Salted Caramel, Vanilla West Country Cream) Deluxe Rice (Spiced Apple, Vanilla West Country Cream) Custard (Devon custard, Devon Banana, Devin Chocolate, Devon Light), Devon Dream; Macaroni Pudding; Mini Custard (Reg, Banana, Less Sugar); Mini Rice; Rice (Chocolate, Light, Pudding - Orig, Pudding Light, Pudding Organic, Strawberry, Sultanas & Nutmeg); Semolina; Tapioca	Custard Devon Strawberry; Rice Apple
Birds	Dairy : Creme Caramel; Custard Instant, Instant Low Fat, Semolina Mix Pareve: Custard Powder	Angel Delight -- Original, , No Added Sugar, Brandy Flavour Sauce, ; Trifle Mixes
Chivers		All items
Coyo		All items
Hartleys	Pareve: Fruit in Jelly (Apple Blackcurrant, Mandarin Orange, Mango Mango, Peach Strawberry, Pineapple Pineapple); Glitter Jelly (Mixed Berry, Raspberry, Strawberry); Jelly Pots 10 Cal (Apple & Watermelon; Black Forest Gateau; Blueberry & Blackcurrant, Cranberry & Raspberry, Elderflower & Lemonade, Key Lime Pie, Lemon Cheesecake, Mango & Passion fruit, Orange, Pesach Melba, Raspberry, Strawberry, Strawberry & Kiwi); Jelly Pots (Blackcurrant, Lemon & Lime, Orange, Pineapple, Raspberry, Strawberry); Juicy Jelly Pouches (Lemon & Lime, Orange, Raspberry, Strawberry): No Added Sugar Jelly Pots (Apple, Blackcurrant, Orange, Raspberry, Strawberry, Tropical)	Jelly Crystals Sugar Free; Jelly Cubes
Provamel	Pareve: Soya (Chocolate, Vanilla)	

MANUFACTURER	KOSHER (all items pareve unless otherwise noted)	NON KOSHER
Pudology		All items
Walkers	Pareve: Meringue nests, Meringue Shells, Pavlova	
MARGARINE (See BUTTER)		
MILK, FRESH		
	All fresh cows' milk is acceptable for consumption. Milk with additives generally should be avoided. Contact the Office of the Chief Rabbi for specific additives (eg extra proteins, calcium gluconate)	
MILK, POWDERED & TINNED		
	All varieties Dairy-Chalav Stam unless otherwise indicated	
Marvel	Dried Skimmed Milk	
Carnation/Nestle	Dairy: Condensed Milk (Caramel, Condensed, Condensed Light, Condensed Squeezy, Evaporated, Evaporated Light, Condensed Pots) Paereve: Vegan Condensed	
Soya milk products	See NON DAIRY below	
NON-DAIRY CHEESE		
Sheese	All varieties when bearing a Hechsher	
Tesco Free From	Block Cheddar Mature Block Halloumi Block Wensleydale Cranberries Grated Hard Grated Mozzarella Soft Cheese Soft Cheese Garlic & Herbs	Block Cheddar Jalapeno & Chilli
Violife	All Varieties when bearing a hechsher	
NON-DAIRY MILKS/ CREAMS/ YOGHURTS(see also JELLIES, CUSTARDS, MERINGUES & PUDDINGS, VEGETARIAN FOODS)		
	All 100% unflavoured plain soya milk is permitted. Other soya products require Rabbinical approval. All items in this listing are pareve, unless otherwise noted.	
Actinel Non-Dairy Yoghurt Drinks	Pareve: Blueberry Mango Passion Fruit	

MANUFACTURER	KOSHER (all items pareve unless otherwise noted)	NON KOSHER
Alpro	<p>Pareve Milks:</p> <p>Almond Chocolate Dark Almond No Sugars Roasted Almond No Sugars Unroasted Almond Organic No Sugars Almond Roasted Barista Almond Barista Coconut Barista Oat Barista Soya Cashew Coconut Coconut Almond Coconut No Sugars Coconut Organic Hazelnut Oat Oat No Sugars Rice Shh Not Milk Semi Shh Not Milk Whole Soya Soya Chocolate Soya Light Soya No Sugars Soya Organic Soya Plant Protein Soya Plant Protein Chocolate Soya Strawberry Soya Vanilla</p> <p>Alpro for Professionals Barista Almond Alpro for Professionals Barista Coconut Alpro for Professionals Barista Oat Gluten Free Alpro for Professionals Barista Soya</p> <p>Dairy free desserts: Creamy caramel, Creamy coconut; Custard; Dark Chocolate; Smooth Chocolate; Velvet Vanilla</p> <p>Yoghurts: Blackcurrant Elderflower/Pomegranate Blueberry Blueberry/Cherry Cherry Greek Blueberry Greek Coconut Greek Mango Greek Oat Greek Passion Fruit Greek Plain Greek Strawberry Raspberry Kids Mango Kids Strawberry Kids Strawberry & Banana</p>	<p>Milks</p> <p>Almond Creamy Caramelised Cacao Oat Caffe Latte Caffe Smooth Oat Coconut Creamy Cold Pressed Daily Immunity Support Super Oat Daily Vitality Super Almond Hazelnut Chocolate Praline Soya My Cuppa</p> <p>Moments - ALL:</p> <p>Smooth & Creamy Range ; ALL ice creams</p>

MANUFACTURER	KOSHER (all items pareve unless otherwise noted)	NON KOSHER
	No Added Sugars Cherry No Added Sugars Mango No Bits Peach Pear/Strawberry Banana No Bits Strawberry Banana Peach Peach/Pineapple Passionfruit Plain Plain Almond Plain Coconut Plain No Sugars Plain Oats Strawberry Vanilla	
Benecol Dairy-Free Yoghurt Drinks	Pareve: Dairy Free Tropical	
Coyo		All
Dream	Pareve: Coconut Blended Rice + Calcium Oat (Gluten Free) Rice + Calcium Rice Organic Rice Vanilla Organic	Rice Hazelnut Almond
Provamel	Pareve: Milks (Almond Almond No Sugars Barista Oat Oat Oat No Sugars Rice Rice Coconut Soya Calcium Soya No Sugars) Yoghurts: Soya No Sugars, Soya Vanilla	
Rude Health	All with hechsher	
Tesco	Plain soya milk	Meatfree range
OILS & FATS		
	Pure Vegetable Oils (eg Olive Oil, Sunflower Oil), labelled as such are permitted. All solid vegetable fats (ie., margarine, shortenings, cooking fats) require Rabbinic Supervision	
Blue Dragon	Sesame	Other products may or may not be approved. Check other listings in this guide
Clearspring	Argan Toasted, Avocado, Hazelnut, Hemp, Olive Extra Virgin Italian, Olive Extra Virgin Tunisian, Omeg A Day Flax, Pumpkin Seed Toasted,	Other products may or may not be approved. Check other listings in this guide

MANUFACTURER	KOSHER (all items pareve unless otherwise noted)	NON KOSHER
	Rapeseed, Safflower, Sesame, Sesame Toasted, Soya, Sunflower, Sunflower Frying, Walnut	
Frylight	Pareve : Cooking Spray Avocado, BBQ & Grill, Butter Flavour, Chilli, Coconut, Garlic, Olive Virgin Extra, Rapeseed, Sunflower	
Frytex		All products
PASTA / RICE		
	<p>All dried pasta, including pasta containing egg is permitted. All plain uncooked and parboiled rice is acceptable, including basmati. Fully cooked rice is not permitted, nor are unsupervised flavoured mixes containing rice.</p> <p>Avoid black pasta, as it is often made with Squid Ink (pasta coloured with spinach or tomato is permitted) ; Fresh Pastas are also not permitted. Please note that gluten free pasta often contains emulsifiers which could be of animal origin.</p> <p>Tinned pasta requires certification</p>	
Blue Dragon	Pareve: Noodles Beetroot Noodles Charcoal Noodles Egg Fine Noodles Egg Medium Noodles Spinach Noodles Wholewheat	
Dolmio		All products
Sharwoods	Pareve: Noodles Egg - Fine, Medium	All other products
Uncle Ben	Pareve: Boil in Bag	Microwave Pouches Rice Time Pots
SALAD DRESSINGS, SAUCES, PICKLES & CONDIMENTS		
	<p>Whole & Ground Spices, Herbs & Sea Salt are permitted. Other Salts e.g. Celery Salt, Garlic Salt, Onion Salt & Seasonings, example Chicken Seasoning, Casserole Seasoning etc. may well contain non-Kosher Stearic Acid Salts which are not necessarily listed on the label. All plain, sea and mineral salt is permitted. Capers and Wholegrain mustards use wine vinegar as an ingredient - proper certification is essential for these items.</p>	

MANUFACTURER	KOSHER (all items pareve unless otherwise noted)	NON KOSHER
	Olives in vinegar should only be purchased if Rabbiniically approved. Plain olives pickled in brine, acetic or lactic acid are permitted (lactic acid is not obtained from milk). It is advisable to check the ingredients declaration to make sure that non kosher ingredients such as wine vinegar are not included. Kalamata Olives are not permitted as they are normally pickled in wine vinegar during processing. Brands of olives from small "kitchen" companies such as Belazu and The Fresh Olive Company, may be problematic and should not be used.	
Baxter's Pickled Vegetables	Pareve: Beetroot Baby Beetroot Crinkled Beetroot Shredded Beetroot Sliced Deli Topper Jalapenos Deli Topper Red Onion Deli Toppers Red Slaw Deli Toppers Spicy Slaw	
Baxter's Sauces & Condiments	Pareve: Chutney Bramley Apple, Date & Stout Chutney Ploughman's Chutney Tomato Jelly Beetroot Redcurrant Jelly Cranberry Jelly Redcurrant Relish Cool Cucumber & Dill Sauce Apple Sauce Cranberry Sauce Horseradish DAIRY: Tartare	Chutney Caramelised Onion Chutney Cranberry & Caramelised Red Onion Chutney Pineapple, Coconut & Zesty Lime Jelly Mint Relish Punchy Mustard & Gherkin Relish Spicy Jalapeno Chilli Sauce Mint
Bisto	Pareve: Gravy Powder Original	Granules
Blue Dragon	Rice Vinegar White Spring Roll Wrappers Sushi Ginger	Mirin, Soy Sauce
Brianna's	Pareve: Honey Mustard, Vinagrette, other products when bearing hechsher	
Branston	Pareve: Piccalilli Piccalilli Small Chunk Pickle Original Pickle Small Chunk Pickle Smooth Relish Fajita Spicy Tomato Relish Tomato & Red Pepper Sauce Rich & Fruity	
Clearspring	All products, when bearing hechsher only	Teriyaki sauce, Sushi Ginger

MANUFACTURER	KOSHER (all items pareve unless otherwise noted)	NON KOSHER
Colmans	Pareve: Jar Apple Sauce Jar Cranberry Sauce Jar Horseradish Sauce Jar Mint Sauce Jar Tartare Sauce Mustard English Jar Mustard English Squeezable Mustard English Tube Mustard Powder	Sauce Mixes
Crespo - Olives	Pareve: Black Greek Style Black Pitted Black Pitted Dry Black Sliced Gluten Free Green Pitted Green Pitted Chilli Peppers Green Stuffed Pimento	
Crespo Olives du Marche	Pareve: Black Pitted Dry Herbs Green Pitted Chilli Peppers Green Pitted Herbs & Garlic Mixed Pitted Cocktail	
Dolmio		All Varieties
Heinz Salad Cream & Dressing	Pareve: (ONLY WHEN BEARING HECHSHER): Salad Cream 30% Less Fat Salad Cream 70% Less Fat Salad Cream Original Salad Cream Vegan	Salad Dressing Spray
Heinz Seriously Good	Pareve: Mayonnaise Mayonnaise Light Vegan Mayo (Unflavoured) Vegan Mayo Chilli Vegan Mayo Garlic Aioli	Mayonnaise Truffle
Heinz Sauces	Pareve: Barbecue Classic Smokey & Rich (*480g and 665g plastic bottles only.) Barbecue Sweet Sticky & Smooth (*500g plastic bottles only.) Saucy Sauce (*425g Plastic bottle.) In plastic bottles w hechsher: Tomato Ketchup Tomato Ketchup 50% Less Sugars Less Salt Tomato Ketchup Chilli Fiery Tomato Ketchup Chilli Jalapeno Tomato Ketchup No Added Sugar & Salt	Pickle Sandwich Spread. Mustard: A kosher version with a hechsher is available from some shops

MANUFACTURER	KOSHER (all items pareve unless otherwise noted)	NON KOSHER
	In plastic bottle only: Tomato Ketchup Organic	
Hellmann's Salad Dressings & Mayonnaise	Dairy : Mayonnaise Chilli Mayonnaise Garlic Mayonnaise Light Mayonnaise Lighter Than Light Pareve: Real Mayonnaise; Vinaigrette Fat Free	Dressing Caesar Smoked Garlic Dressing Classic House Dressing Honey & Mustard Dressing Thousand Island Mayo Delicious Mayo Vegan Mayonnaise Organic
Hellmann's Sauces & Condiments	Tomato Ketchup	BBQ Honey BBQ Smokey Chunky Burger Garlic & Herb Garlic Chilli Garlic Kebab Hot Dog Mustard Honey Mustard Sachets Mustard Yellow Tomato Ketchup Honey Tomato Ketchup Red & Green
HP	Pareve : *Only approved when packaging states 'Made in the Netherlands'. BBQ Classic BBQ Honey BBQ Spicy Original Reduced Salt & Sugar	Fruity
Kikkoman	Pareve: Ponzu Lemon (Netherlands) Soy Sauce (Netherlands or Singapore) Soy Sauce Less Salt (Netherlands) Soy Sauce Sweet (Netherlands) Soy Sauce Tamari Gluten Free (Netherlands or Singapore)	Soy Sauce Soja Sucree Soy Sauce Sushi & Sashimi Teriyaki Marinade
Lea & Perrins	CONTAINS FISH: Worcestershire Sauce	
Maille		Mustards, Wholegrain Mustard, Vinaigrette
Marmite		All products
Meridian Sauces	See also: SPREADS, JAMS & PRESERVES	Cooking sauces, ketchup, pasta sauces
Meridian Savoury Spread	Yeast Extract, Yeast Extract Salt	

MANUFACTURER	KOSHER (all items pareve unless otherwise noted)	NON KOSHER
Nando's Sauces & Condiments	<p>ONLY PERMITTED WHEN BEARING A HECHSHER</p> <p>Pareve: Bag & Bake Coat n Cook Peri Peri Hot Coat n Cook Peri Peri Lemon & Herb Coat n Cook Peri Peri Medium Marinade Peri Peri Garlic Marinade Peri Peri Hot Marinade Peri Peri Lemon & Herb Marinade Peri Peri Mango & Lime Marinade Peri Peri Medium Marinade Peri Peri Smokey BBQ Sauce Peri Peri Garlic Sauce Peri Peri Hot Sauce Peri Peri Lemon & Herb Sauce Peri Peri Medium Sauce Peri Peri Mild Sauce Peri Peri Vusa Sauce Peri Peri XX Hot Sweet Chilli Jam</p>	
Nando's Salad Dressings & Mayonnaise	<p>Perinaise Garlic Squeezy Perinaise Hot Squeezy Perinaise Mild Squeezy</p>	
Old El Paso		All Products
Ragu		All Products
Sharwoods	SEE PASTA	All Sauces, All Pickles, All Chutneys
Tabasco	<p>Pareve :</p> <p>Chipotle Pepper Pepper Green Pepper Habanero Sriracha</p>	
Tiptree	<p>see also SPREADS, JAMS & PRESERVES Sauce wild cranberry</p>	Chutneys, Mustards, Relishes, Sauces
Vegemite	Yeast Extract	
SLIMMERS FOODS (VEGETARIAN and SOYA listed separately; see also DIETETIC SWEETENERS)		

MANUFACTURER	KOSHER (all items pareve unless otherwise noted)	NON KOSHER
Cambridge Weight Plan	<p>Pareve:</p> <p>Cambridge Fibre</p> <p>Shake Lactose Free Cappuccino</p> <p>Shake Lactose Free Chocolate</p> <p>Shake Lactose Free Chocolate Orange</p> <p>Shake Lactose Free Vanilla</p> <p>Soup Lactose Free Mushroom</p> <p>Water Flavouring Orange</p> <p>Dairy:</p> <p>Porridge Apple & Cinnamon</p> <p>Porridge Maple & Pecan</p> <p>Porridge Original</p> <p>Shake Banana</p> <p>Shake Chocolate</p> <p>Shake Chocolate Mint</p> <p>Shake Fruits of the Forest</p> <p>Shake Strawberry</p> <p>Shake Vanilla</p> <p>Soup Oriental Chilli</p> <p>Soup Vegetable</p>	<p>Mix a Mousse</p> <p>Ready To Drink Banana Bliss</p> <p>Ready To Drink Chocolate Velvet</p> <p>Ready To Drink Strawberry Silk</p> <p>Smoothie Blackcurrant & Apple</p> <p>Smoothie Cherry & Strawberry</p> <p>Soup Chicken & Mushroom</p> <p>Soup Lactose Free Leek & Potato</p> <p>Water Flavouring Golden Vegetable</p>
Lipotrim (available in pharnamcies)	<p>Pareve:</p> <p>FibreClear</p> <p>Dairy:</p> <p>Dessert Chocolate Whip</p> <p>Drink Chocolate</p> <p>Drink Orange Creme</p> <p>Drink Strawberry</p> <p>Drink Summer Fruits</p> <p>Drink Vanilla</p> <p>Flapjack Coconut</p> <p>Flapjack Peanut</p>	<p>Caramel Bar</p>
Slim Fast	<p>Dairy:</p> <p>Shake Drink Banana</p> <p>Shake Drink Cafe Latte</p> <p>Shake Drink Chocolate</p> <p>Shake Drink Cookies & Cream</p> <p>Shake Drink Mint Chocolate</p> <p>Shake Drink Strawberry</p> <p>Shake Drink Vanilla</p> <p>Shake Powder Banana</p> <p>Shake Powder Cafe Latte</p> <p>Shake Powder Caramel</p> <p>Shake Powder Chocolate</p> <p>Shake Powder Strawberry</p> <p>Shake Powder Vanilla</p>	<p>Flavour Bites Baked Cheddar</p> <p>Meal Replacement Bars</p> <p>Snack Bar Chocolate Caramel</p> <p>Snack Bar Chocolate Nutty Nougat</p> <p>Snack Pretzels Sour Cream & Chives</p>
Weight Watchers		<p>Yoghurts</p>
	SNACK FOODS - BARS, FRUIT SNACKS, NUTS(see also CRISPS, NOSH, SNACKS, POPCORN)	

MANUFACTURER	KOSHER (all items pareve unless otherwise noted)	NON KOSHER
	All plain and roasted nuts are permitted, provided there are no added ingredients other than vegetable oil & salt.	
Alpen		All varieties of Cereal Bars
Bear	Claws (all, with hechsher), Paws (all, with hechsher), Yoyos (all, with hechsher)	
Cadbury's Brunch Bars	Dairy: Brunch Bar Choc Chip Brunch Bar Peanut Brunch Bar Raisin	
Clearspring Fruit Purees SEE ALSO Baby Foods	Fruit Puree Apple Fruit Puree Apple & Apricot Fruit Puree Apple & Blueberry Fruit Puree Apple & Cranberry Fruit Puree Apple & Mango Fruit Puree Apple & Pineapple Fruit Puree Apple & Plum Fruit Puree Apple & Strawberry Fruit Puree Apple, Banana & Strawberry Fruit Puree Pear Fruit Puree Pear & Banana Fruit Puree Pear, Apple & Peach Fruit Puree Prune On The Go Apple & Blueberry On The Go Apple & Mango On The Go Pear	
Go ahead		Crispy slices; fruit bakes; yoghurt breaks
Jordans	Pareve: Frusli Apple & Cinnamon Frusli Cranberries & Apple Frusli Raisins & Hazelnuts Frusli Red Berries	Cereal Bars : Frusli Blueberry;
Kellogg's	Dairy: Special K Chocolate Dark Special K Chocolate Milk Special K Juicy Red Berry	Coco Pops Crunchy Nut Granola Chocolate & Nuts Frosties Nutri Grain Pop Tarts Rice Krispies Rice Krispies Squares Special K Biscuit Moments Special K Chocolate Delight
Kelloggs Fruit Snacks	Pareve: Winders Doubles Apple & Strawberry Winders Doubles Strawberry & Blackcurrant Winders Strawberry	
Kind	all varieties with hechsher (may be difficult to see; also pareve/dairy status varies with batch. Double check before consuming)	

MANUFACTURER	KOSHER (all items pareve unless otherwise noted)	NON KOSHER
KP Nuts	Pareve: Cashews Honey Roast Cashews Salted Peanuts Dry Roasted Peanuts Honey Roast Peanuts Original Salted Peanuts Salt & Vinegar Peanuts Spicy Chilli	Flavour Kravers Krunch Mix XL Crunchy Coated Peanuts
Nakd	Pareve: Almond Macaroon Apple Danish Bakewell Tart Banana Bread Banoffee Pie Berry Bliss Berry Delight Blueberry Muffin Carrot Cake Cashew Cookie Cocoa Coconut Cocoa Delight Cocoa Orange Cocoa Twist Coffee & Walnut Ginger Bread Lemon Drizzle Lunchies Apple Crumble Lunchies Cocoa Brownie Lunchies Strawberry Muffin Peanut Delight Pecan Pie Salted Caramel Strawberry Sundae	Chocolish
Nature Valley Snack Bars	Pareve: Crunchy Canadian Maple Syrup Crunchy Coconut Crunchy Ginger Nut Crunchy Oats & Berries Crunchy Oats & Dark Chocolate Crunchy Oats & Hazelnut Crunchy Oats & Honey Crunchy Peanut Butter Crunchy Roasted Almond Crunchy Variety Pack Dairy: Sweet & Salty Nut Dark Chocolate & Nuts Sweet & Salty Nut Roasted Peanut	
Nature Valley Energy & Protein Snacks	Dairy: Protein Coconut & Almond Protein Peanut & Chocolate Protein Salted Caramel Nut	Protein Soft Bakes
Quaker Cereal Bars	see "CEREALS" listing above	Oat So Simple Morning

MANUFACTURER	KOSHER (all items pareve unless otherwise noted)	NON KOSHER
		Porridge to Go
Rude Health Snack Bars	Pareve Fruit bars: Banana Berry Cacao Coconut Peanut The Pumpkin	
SOUPS		
	Even "vegetarian" or "vegan" soups frequently contain meaty bases, or use meat-based ingredients as thickeners and preservatives. All soups must bear certification in order to be considered kosher	
Kallo	SEE "BISCUITS" for approved products	All
King Soba	Pareve: Organic Mighty Miso Instant Soup With Tofu & Ginger; Organic Mighty Miso Instant Soup With Pumpkin & Vegetable; Organic Mighty Miso Instant Soup With Edamame Soya Beans	
Knorr		Not kosher in IE/UK. Israeli-produced soups are kosher when bearing a hechsher.
SPREADS, JAMS & PRESERVES		
	All Jams, Marmalades and Preserves are permitted unless they contain Grape Juice, E120, Brandy etc. Special care should be taken when buying reduced sugar jams as some contain grape juice as sweetener. This should be listed on the ingredients declaration. Lemon curd & Mincemeat may be made with animal fat or suet and so requires certification. All pure honeys, without added flavourings, are permitted.	
Baxters	Pareve: Jam Country Berry Jam Raspberry Jam Rhubarb & Ginger Jam Strawberry Marmalade Scotch Orange Thin Cut Marmalade Three Fruits	
Cadbury	Dairy: Milk Chocolate Spread	

MANUFACTURER	KOSHER (all items pareve unless otherwise noted)	NON KOSHER
Hartleys	Pareve: Jam Apricot Jam Black Cherry Jam Blackcurrant Jam Blueberry Jam Damson Jam Pineapple Jam Raspberry Jam Strawberry Marmalade Breakfast Marmalade Olde English	
Hartley's No Bits Jams	Pareve: Jam Apricot Jam Blackcurrant Jam Raspberry Jam Strawberry	
Meridian Chocolate Spreads	Pareve: Cocoa & Hazelnut Cocoa & Peanut	
Meridian Fruit Spreads	Pareve: Fruit Spread Apricot Fruit Spread Blackcurrant Fruit Spread Blood Orange Fruit Spread Cherry & Berry Fruit Spread Morello Cherry Fruit Spread Plum Fruit Spread Seville Orange Fruit Spread Strawberry Fruit Spread Wild Blueberry	Fruit Spread Raspberry
Meridian Nut Butters	Pareve: Almond Crunchy Almond Smooth Cashew Crunchy Cashew Smooth Coconut & Almond Coconut & Peanut Gingernut Hazelnut Crunchy Peanut Crunchy Peanut Crunchy Salt Peanut Richer Roast Crunchy Peanut Richer Roast Smooth Peanut Smooth Peanut Smooth Salt Pecan Pistachio	

MANUFACTURER	KOSHER (all items pareve unless otherwise noted)	NON KOSHER
Meridian Organic Nut Butters	Pareve: Almond Almond Smooth Salt Cashew Smooth Peanut Crunchy Peanut Crunchy Salt Peanut Smooth Peanut Smooth Salt Pumpkin Seed Sunflower Seed	
Nutella	Dairy: + Cocoa Chocolate	Nutella & Go
St Dalfour		Kosher when bearing hechsher ONLY.
Sun Pat	Pareve: Peanut Crunchy Peanut No Added Sugar Crunchy Peanut No Added Sugar Smooth Peanut Protein+ Crunchy Peanut Protein+ Smooth Peanut Smooth	

<p>Tiptree</p>	<p>Pareve:</p> <p>Conserve Apricot Conserve Black Currant Conserve Cherry Black Conserve Cherry Morello Conserve Damson Conserve Damson Stoneless Conserve Ginger Conserve Green Fig Conserve Green Gooseberry Conserve Greengage Conserve Loganberry Conserve Organic Apricot Conserve Organic Black Currant Conserve Organic Raspberry Conserve Organic Strawberry Conserve Peach Conserve Pineapple Conserve Plum Early Rivers Conserve Plum Victoria Conserve Quince Conserve Raspberry Seedless Conserve Raspberry Sweet Tip Conserve Raspberry Tiny Tip Conserve Rhubarb & Ginger Conserve Rhubarb Vanilla Conserve Strawberry Conserve Strawberry East Anglian Conserve Strawberry Little Scarlet Conserve Wild Blueberry Jam Reduced Sugar Apricot Jam Reduced Sugar Black Currant Jam Reduced Sugar Cherry Jam Reduced Sugar Ginger Jam Reduced Sugar Orange Jam Reduced Sugar Raspberry Jam Reduced Sugar Strawberry Jelly Black Currant Jelly Blackberry Jelly Crab Apple Jelly Cranberry Jelly Medlar Jelly Mulberry Jelly Orange Jelly Quince Jelly Redcurrant Jelly Strawberry Marmalade Blood Orange Marmalade Grapefruit Marmalade Lemon Marmalade Lime Marmalade Orange Marmalade Orange & Lemon Marmalade Orange & Lime Marmalade Orange & Tangerine Marmalade Orange Crystal</p>	<p>Conserve Apricot & Armagnac Conserve Strawberry & Champagne Mincemeat</p>
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MANUFACTURER	KOSHER (all items pareve unless otherwise noted)	NON KOSHER
	Marmalade Orange Ginger Marmalade Orange No Peel Marmalade Orange Old Times Marmalade Orange Organic Marmalade Orange Tawny Marmalade Three Fruit Preserve Apricot Preserve Black Currant Preserve Morello Cherry Preserve Peach Preserve Raspberry Preserve Strawberry Jams & Fruit Spreads Dairy: Curd Black Currant Curd Lemon Curd Lime Curd Passionfruit	
Tiptree Chocolate & Sweet Spreads	Dairy: Banoffee Chocolate Chocolate Orange Salted Caramel	The Chocolate Selection
Whole Earth	Pareve: Almond Smooth Peanut 100% Crunchy Peanut 100% Smooth Peanut Crunchy Peanut Crunchy Dark Roasted Peanut Crunchy Hi Oleic Peanut Crunchy Organic Peanut Drizzler Golden Roasted Peanut Drizzler Super Smooth Peanut Smooth Peanut Smooth Hi Oleic Peanut Smooth Organic Peanut Sunflower, Pumpkin & Flax Seeds	
SUGAR		
	All white & demerara sugar is kosher. Brown sugar may contain glycerin and only the varieties listed below as approved. For Sweeteners, see DIETETIC SWEETENERS	
Gem Sugar	Granulated Caster Light Brown 500g Dark Brown 500g	Instant Royal Icing,
Siucré	Granulated Caster Icing	

MANUFACTURER	KOSHER (all items pareve unless otherwise noted)	NON KOSHER
Tate & Lyle (available from Huntoffice.ie, also seen in some pound shops)	Amber Crystals Brown Cubes Brown Soft Dark Brown Soft Light Caster Caster Golden Demerara Cubes Demerara Cubes Rough Cut Demerara Sticks Demerara Unrefined Granulated Granulated Golden Icing Cane Icing Fondant Icing Royal Jam Pectin Preserving, White Cubes, White Cubes Rough Cut, White Sticks	
Tesco	Caster Demerara Granulated Golden Muscovado Dark Muscovado Light Granulated White Icing	Brown Soft Dark; Brown Soft Light
Whitworths (seen in Dealz, other pound shops)	Brown Soft Dark Brown Soft Light Caster Caster Golden Demerara Granulated Granulated Golden Granulated Golden Fairtrade Organic Icing Molasses Muscovado Dark Muscovado Light Preserving	
VEGETARIAN FOODS (see also NON DAIRY)		
Blue Dragon See also Condiments, Pasta	Tofu Firm Silken	
Clearspring	Soya chunks, Soya mince	

MANUFACTURER	KOSHER (all items pareve unless otherwise noted)	NON KOSHER
Fry's	Pareve: Frozen Burgers Chicken Style Frozen Burgers Quinoa & Brown Rice Protein Frozen Burgers Traditional Frozen Country Roast Soy & Quinoa Frozen Hot Dogs Original Frozen Mince Veggie Frozen Nuggets Chicken Style Frozen Nuggets Rice Protein & Chia Frozen Pies Country Mushroom Frozen Pies Curry Frozen Popcorn Chick'N Frozen Sausage Rolls Frozen Sausages Traditional Frozen Schnitzels Golden Crumbed Frozen Schnitzels Soy & Flaxseed Frozen Stars & Moons Frozen Strips Chicken Style Frozen Strips Chunky	Chilled Products
GOSH!	Pareve: Bakes Moroccan Spiced Bites Broad Bean & Quinoa Bites Goan Cauliflower Bites Pumpkin & Chilli Bites Saag Aloo Bites Spinach & Pine Nut Bites Sweetcorn & Quinoa Bites Tuscan Burgers Beetroot Burgers Mexican Burgers Mushroom Falafel Beetroot Falafel Mediterranean Falafel Moroccan Falafel Original Frozen Burgers Mini Mexican Koftas Moroccan Pakora Sweet Potato Sausages Smokey Sweet Potato Sausages Veggie Sausages Veggie Cocktail	
Linda McCartney		All products
Quorn	Pareve: FROZEN Mince, FROZEN Vegan Pieces	All other products
Tesco	See listing in NON DAIRY	

MANUFACTURER	KOSHER (all items pareve unless otherwise noted)	NON KOSHER
Tivall	Pareve: Beef Style Pieces Frankfurters Jumbo Hotdogs Meatballs Mince Sausage Premium Sausages Cocktail Sweetcorn Grills Vegan Delicious Burger Vegan Nuggets Vegan Schnitzel Vegan Schnitzel Corn	
V-Bites	Pareve: Aam Slices BCN Rashers BCN Rashers Maple Beanfeast Pate Beeph Chunks Bistro Beeph Joint Beeph Mince Beeph Pieces Beeph Slices Brussels Pate Chkn Chunks Chkn Slices Doner Kebab Falafel Gammon Roast Garlic Sausg Slices Hoisin Duk Chunks Hotdogs Meatballs Mushroom Pate Orizo Cubes Peppefoni Slices Quarter Pounders Sage & Onion Slices Sausgs Cocktail Sausgs Lincoln mmshire Sausgs Sage & Marjoram Smokey Slmn Slices Tuna Pate Turkey Roast Turkey Slices	
	YEAST see BAKING PRODUCTS	
	YOGHURTS & YOGHURT DRINKS (see also JELLIES, CUSTARDS, MERINGUES & PUDDINGS)	

MANUFACTURER	KOSHER (all items pareve unless otherwise noted)	NON KOSHER
	Yoghurts are generally permitted. However, one should read the ingredients carefully to ensure that they do not contain Gelatine, Carmine (E120), Grape Juice or prohibited emulsifiers or stabilisers. Yoghurts containing whole raspberries or raspberry pieces should be avoided as raspberries require careful inspection. Fromage frais is permitted when produced under Rabbinical supervision.	
Actimel Dairy-Free Yogurt Drinks	See NON DAIRY	
Actimel (Yoghurt Drinks)	Dairy: 0% Fat Original 0% Fat Raspberry 0% Fat Strawberry Blueberry Coconut Multifruit Original Strawberry Strawberry & Banana Kids Vanilla	
Activia	Dairy: 0% Fat Blueberry 0% Fat Cherry 0% Fat Peach 0% Fat Strawberry 0% Fat Vanilla Fig Fruit Layer Prune Intensely Creamy Peach Intensely Creamy Strawberry Intensely Creamy Vanilla Mango Rhubarb Strawberry	Intensely Creamy Blueberry Intensely Creamy Cherry
Alpro Yoghurts	See NON DAIRY	
Benecol Dairy-free Yoghurt Drinks	See NON DAIRY	
Benecol Yoghurt Drinks	Dairy: Blueberry Mango & Passionfruit Multifruit No Added Sugar Peach & Apricot No Added Sugar Pomegranate No Added Sugar Raspberry Original Strawberry Vanilla	
Benecol Yoghurts	Dairy: Strawberry/Cherry	All others

MANUFACTURER	KOSHER (all items pareve unless otherwise noted)	NON KOSHER
Flora pro.activ	Dairy: Original Strawberry Tropical Fruit & Ginger	
Muller ADVISORY; All Mueller products should be checked regularly to ensure gelatine has not been added	Dairy: Corner Peach & Apricot Corner Red Cherry Corner Strawberry Light Banana & Custard Light Cherry Light Orange Dark Chocolate Sprinkles Light Raspberry & Cranberry Light Strawberry Light Toffee Light Vanilla Light Vanilla Dark Chocolate Sprinkles Light Vanilla, Orange, Caramel Dark Chocolate Sprinkles Rice Apple Rice Original Rice Vanilla Custard	Corner Bliss All Varieties Corner Creations All Varieties Corner Crunch All Varieties Corner Skyr All Varieties Light Chocolate Fix Light Greek Style Rice Multipacks Rice Raspberry Rice Strawberry
Weight Watchers		All yoghurts
Yoplait Dairy Drinks	Dairy: Frubes Strawberry Frubes Strawberry Banana Petits Filous Apple & Raspberry Petits Filous Strawberry Petits Filous Vanilla Yop Raspberry Yop Strawberry	
Yoplait Yoghurts	Dairy: Frubes Pouches Strawberry/Raspberry Frubes Tubes Banana & Strawberry Frubes Tubes Chocolate Caramel Frubes Tubes Strawberry Frubes Tubes Strawberry, Red Berries & Peach Liberte Blueberry Liberte Cherry Liberte Excellence Black Cherry Liberte Excellence Lemon Liberte Excellence Salted Caramel Liberte Honey Liberte Mango Liberte Mango & Passion Fruit Liberte Natural Liberte Origins Apricot Liberte Origins Strawberry Liberte Origins Vanilla Liberte Strawberry Perle de Lait Coconut Perle de Lait Lemon Petits Filous Little Desserts Chocolate/Vanilla	Petits Filous Greek Style Petits Filous Magic Squares Petits Filous My First Vanilla Petits Filous Pots Big Petits Filous Pots Small

MANUFACTURER	KOSHER (all items pareve unless otherwise noted)	NON KOSHER
	Petits Filous Pots Yoghurt Strawberry/Raspberry Petits Filous Smoothie Peach & Apricot Petits Filous Smoothie Strawberry & Banana Wildlife Choobs Apricot Wildlife Choobs Raspberry Wildlife Choobs Strawberry	
	CLEANING PRODUCTS	Non-Kosher Cleaners
	The majority of cleaning products are inedible and thus present no kashrut problems. Nonetheless some products do contain animal by-products. Some people prefer to avoid their use on utensils and surfaces that come into direct contact with food.	
Brillo		Soap Pads (contains animal fats)
Goddards	Silver Dip / Silver Polish / Brass & Copper Polish	
Sainsbury's		Soap Pads (contains animal fats)
Other approved ranges	Astonish; Daisy; Ecover; Fairy; Morning Fresh; Persil; Tesco	
	NON-KOSHER E NUMBERS	
	Certain E numbers may be derived from animal or vegetable source. When present in kosher products E numbers will be of vegetable origin and approved by a reputable rabbinical authority.	
		E120 E422 E430 E431 E432 E433 E434 E435 E436 E441 E442 E470 E470a E470b E471 E472a E472b E472c E472d E472e E472f E473 E474 E475 E476 E477 E479b E481 E482 E483 E491 E492 E493 E494 E495 E542 E570 E572 E1441

Enjoy your holiday in Ireland!

Office of the Chief Rabbi / Dublin Hebrew Congregation

www.dublinhebrew.org

dublinhebrew@gmail.com